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**Coconut Advice Column  
Anny Bannany**

Dear Anny Bannany,  
Help. I turned 60 last year... I still have an inner child. I need and want to play, to sing, to dance, to hop, skip and jump rope. The problem is that I am embarrassed. I feel like people are watching and laughing and saying "Who does this old person think she is?" It inhibits me and is keeping me from having fun. What should I do?

Thanks,  
Young at Heart

Dear Young at Heart,  
Laugh hard and often. Sing like there is no one listening and dance like no one is watching. Maybe at your age though, you should keep your clothes on. You go girl!  
Anny Bannany



Email Anny Bannany at TheCoconutTelegraph@yahoo.com

**Bartender of the Month  
Selina Henderson**



**"Goddess of the Moon"**

The question most asked of us at the Coconut Telegraph is "Do you have to be drop dead gorgeous to be Bartender of the Month or what?" The answer is no, but it sure doesn't hurt.

outside. "I've been bartending for 18 years, 10 of them in the Florida Keys because I want to work outdoors. My family and I came down for the weekend to visit and we never left."

Selina Henderson was chosen because she is lightning fast and has an eye like a hawk. Put an empty glass on her bar and it is filled before you can blink an eye. It's a sure thing that no one is going to die of thirst at her bar!

Selina loves Scuba diving. Her husband Mark is a Dive Captain on the Big Dipper. Together they have 3 children, Bobby, Corynn and Coryle.

We found this Bermuda born beauty at Wahoo's in Islamorada. We stopped by for a beer and to enjoy the spectacular view overlooking the Whale Harbor fishing boat fleet and crystal blue water from the upstairs bar. We only meant to have one beer but every time we turned around there was another waiting and we wound up having three.

"Wahoo's is a wonderful place to work," says Selina. "We are one big happy family. For having three restaurants -Wahoo's, Whale Harbor Seafood Buffet, and Braza Lena- the teamwork is amazing. The managers are great and this place keeps getting better. I can't say enough about the Fishing Captains and crew. They are wonderful and keep us busy year long."

As karma would have it, the name Selina is a latinized /anglicized form of the Greek "Selene", the Ancient Goddess of the Moon. Perhaps that is why she has chosen a profession that allows her to work

They all tell us that Selina is famous for her muddled Margaritas. At the end of the bar a man raises his glass and bellows "This is the best margarita I've ever had in my life!" We asked, "Who is he?" Selina replies, "He is a tourist and his name is Dick."

**Riki Tiki Tatu** and the **Happy Hookah**

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