

# Gateway to Paradise Simonton Court Historic Inn and Cottages Key West

Enter the serene setting and you'll be greeted by fragrant tropical flowers blooming beneath gently swaying palms. The Inn was once a cigar factory where craftsmen hand-rolled some of the worlds most famous cigars. A brick walkway, once a lane, runs past the sparkling pools and historic cottages built in 1880 as the homes of cigar factory workers. Today this lane is a beautiful footpath through two acres of luxuriant private gardens, past expertly restored cottages, and four pools shimmering while you stroll through a tunnel of flowering vines and palm fronds.



The cottages of Simonton Court retain their original 19th century charm, yet are updated with modern amenities. The Inn, Manor House, Townhouse and The Mansion offer a variety of elegant suites and guest rooms.

Many have private porches or sundecks and some have Jacuzzi's.

Considered by many to be Key West's most beautiful property, the secluded world of Simonton Court is located in the very heart of Old Town. Begin your days with a complimentary breakfast served poolside each morning, then experience all that has made Key West a favorite destination for generations.

For more information on this adults-only resort visit their website at [www.simontoncourt.com](http://www.simontoncourt.com).

Out of town visitors can call 800-944-2687. When in the Keys visit the Florida

Keys Visitor Center MM 106, or call Bob at 305-451-4626 for the absolute lowest daily rates available.



## Oldest Active Bar in Florida Captain Tony's Saloon

Captain Tony's Saloon is the oldest active bar in Florida. Built in 1820 it was a morgue and icehouse in 1840. The bartender Jason (see photo) tells the Coconut Telegraph the bar is actually "haunted" and has been on the Discovery and History Channels. The Saloon appears to be built around a huge tree that was the site of over 70 hangings.

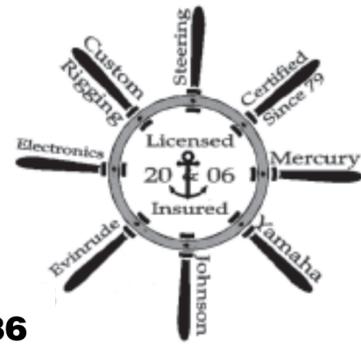
One of the headstones decorating the bar belonged to Reba Sawyer. Her husband was a headstrong sailor who she met at the bar. After Reba died in 1951 her husband came across a stack of love letters from an admirer. He was so upset he threw her headstone into the bar where it remains. Another woman, Elvira is actually buried there. No wonder the place is haunted!

Stop in Capt. Tony's where there is always live music and contribute to the hundreds of thousands of business cards decorating the walls. There are also hundreds of bras hanging from the ceiling. We'll let you have a few cocktails before you decide to leave one of those behind.

Capt. Tony's is located right off historic Duval Street in the "Old Town" section of Key West. [www.capttonyssaloon.com](http://www.capttonyssaloon.com)



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## What You Think is What You Get The Law of Attraction

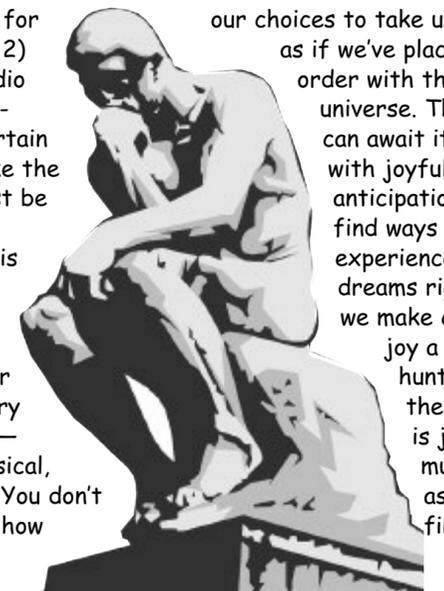
The law of attraction is surprisingly simple: Like attracts like. It becomes a bit more complicated when it comes to training our minds to think in ways that will bring what we desire into our lives. The term "self-fulfilling prophecy" describes the same law. This well-known term explains that we create the circumstances our mind dwells upon, whether positive or negative. So our goal is to practice consistent presence of mind to make sure our thoughts are always directed toward the positive and that which we want to create.

A key to the process is the word "frequency." This is true for two reasons: 1) The frequency you use when you passionately dwell upon or revisit a thought, dream, desire or goal provides the energy your musings need for creation; and 2) just like a radio station broadcasts on a certain frequency, like the radio you must be "tuned in" to receive it. This means preparing for the arrival of your dream on every possible level—material, physical, and spiritual. You don't have to know how

it will come into your life, just trust that it will. Your job is to lay the groundwork, follow any leads you can find, and prepare for its arrival. This can mean cleaning out your garage to make space for a new car, taking a tour of a model home to get the feel of it in order to feed your fantasies, or thinking of what you want in a mate and then living up to that list yourself.

Just like with any skill, the law of attraction must be practiced. We must decide what makes us feel abundant, and use our imagination to create the feeling. It isn't enough to just want something; you must use the power of your thoughts to attract it. A series of choices is what brings us everything in our lives right now, every moment. When we know the direction we want our choices to take us, it is as if we've placed an

order with the universe. Then we can await its arrival with joyful anticipation. If we find ways to experience our dreams right now, we make creating joy a treasure hunt in which the seeking is just as much fun as the finding.



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