Dear Anny Bannany

Dear Anny Bannany, How can I tell if my friend has a cocaine problem? Signed, Worried and Confused Dear Worried and Confused Here are some

questions to ask yourself. Does

his/her nose always running? Is he/she constantly sniffing or making weird jaw movements? Are they spending money like crazy but not on food? Are they unreliable and irritable when confronted with their selfishness? Do they steal? Are they overly aggressive at times and then disappear for ages? Do they really think that you actually believe their lies?

The sad thing is that you consider a cokehead a friend. They only care about where their next "bump" is coming from and don't give a rats ass about you. They are incapable of being a friend. They will eventually die, perhaps in a dark hotel room, their bathroom floor, or on a cold, hard jail cell cot. Till then they are in for a rough ride down the "poop chute of life". Signed,

Anny Bannany

Editors note: How can you tell when a cokehead is lying? Their lips are

Information from the Nation Institutes on Drug Abuse, NIDA, www.nida.nih.gov

Behavioral interventions—particularly, cognitive-behavioral therapy—have been shown to be effective for decreasing cocaine use and preventing relapse. Treatment must be tailored to the individual patient's needs in order to optimize outcomes—this often involves a combination of treatment, social supports, and other services.

Currently, there are no medications for treating cocaine addiction, so this remains one of NIDA's top research priorities. Researchers are looking for medications that help alleviate the severe craving experienced by people in treatment for cocaine addiction, as well as medications to counteract other triggers of relapse, such as stress. Several compounds are currently being investigated for their safety and efficacy, including a vaccine that would sequester cocaine in the bloodstream and prevent it from reaching the brain. Research so far suggests that addiction medications are most effective when used as a part of a comprehensive treatment program.



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PURCHASE YOUR OFFICIAL DECAL AT THESE LOCATIONS: Key Largo Chamber of Commerce & Visitors Center. MM1 yside Grille, Military Headquarters, MM 99.5 Cafe Largo, MM 99.5 Bayside

Largo Cargo, MM103 Bayside Cover to Cover Books, MM 91.2 Tavernier Town sland Smoke Shop, MM 103.4, Pink Plaza ish House/Encore . MM 102.4 Oceanside Snappers, MM 94 Oceanside, 139 Seaside Ave

Coconut Conch Characters of the Month



The Ted Hyde Band at Sharkey's Pub.



This super sexy bartender is Tony at the Whistlestop.



Reef A/C Barry and Dr. Tom playin' it cool at the Pilot House.



The beautiful Colleen is the owner of Coconuts.



Rick and Tammy Van Grouw celebrate their anniversary at the Lorelei with son Max.





Matthew and Ashley at the "Benefit for Trina" at sundowners.



A family of entertainers, Daft like Jack plays for you at the Lorelei



Robby Majeska and Little Isis promoting the "Woof -n- Wine" benefit for Marr-velous Pet Adoptions at Snappers.

Dale Henderson sings karaoke at the Paradise Pub



Alan Truesdale and Rocket entertain at the Pilot House.

