

# Bringing Christmas Cheer to Needy Families



Pictured from left: FKFAPA President Lisa Ryenaud, and members Christine Cunningham and Barbara Brooke and Lynda Stuart.

Many thanks to Lynda Stuart and the Southermost Abate of Florida organization for their collection and donation of toys to the Florida Keys Foster Adoptive Parents Association. They held their annual toy run on November 30th which benefited many of Monroe County's non-profit children's groups.



Elves from Key Largo Boy Scout Troop 588 showed up on December 9 to help wrap over 200 presents for the Florida Keys Foster Adoptive Parents Association. Toys and gifts will be picked up and distributed by Santa on the 24th with a little help from the Association's members and president, Lisa Ryenaud (pictured right).

# Steel Magnolias Opens At Marathon Theatre

Marathon Community Theatre (MCT) opens the second show of the season, *Steel Magnolias* by Robert Harling. The 1987 play, made into a movie in 1989, is based on the author's experience with the death of his sister. Friends of Harling encouraged him to write about his difficulty in dealing with the loss as a coping method to help him get through it. *Steel Magnolias* is a comedy/drama about the bond among a group of Southern women in northwest Louisiana.

The action takes place in Truvy's beauty parlor with six women who regularly gather there. The story begins on the morning of Shelby's wedding and evolves through events during the next couple of years. Personalities and friendships transform over the years with laughter and tears and a heart-warming message that spans all time.

The show opens Thursday, January 8 and includes an opening night party. Performance dates are January 8 through January 31,

Thursday through Saturday. A Sunday matinee is scheduled for January 25 at 3 p.m.

Tickets are on sale now for \$18. Three-show and four-show season packages are also available. Call the box office at 305-743-0994 or stop by 5101 Overseas Highway in Marathon.

For more information about Marathon Community Theatre, contact Loretta Geotis, General Manager, at 305-743-0408 or via email at: gm@marathontheater.org. Visit our website at www.marathontheater.org for complete details of events and opportunities at MCT.

Marathon Community Theatre is a 501(C-3) not-for-profit organization dedicated to contributing to and enhancing the cultural life of the Middle Keys. Membership is open to anyone who wants to support the activities of MCT through volunteer involvement or by contributions. Tax-deductible contributions may be made to Marathon Community Theatre, POB 500124, Marathon, FL



# The Great Transformer Loving What You Hate

Hatred can be irrational, and it has a greater impact on the individual who hates than the person or object being hated. Yet overcoming hatred is difficult because hatred reinforces itself and causes greater enmity to come into being. The most powerful tool one can use to combat hatred is love. Deciding to love what you hate, whether this is a person, situation, or a part of yourself, can create a profound change in your feelings and your experience.

There is little room for anger, dislike, bitterness, or resentment when you are busy loving what you hate. The practice of loving what you hate can transform and shift your emotions from hatred to love, because there is no room for hatred in a space occupied by love.

Granted, it is difficult to forgo judging someone, love your enemy, and seek the good in situations that seem orchestrated to cause you pain or anger. But in deciding to love what you hate, you become one

less person adding negativity to the universe. On a simple level, loving what you hate can help you enjoy your life more. On a more complex level, loving what you hate sets you free because you disengage yourself from the hatred that can weigh down the soul. Responding with love to people radiating hatred transmutes their negative energy. You also empower yourself by not letting their negativity enter your personal space. Rather than lowering yourself to the level of their hatred, you give the other person an opportunity to rise above their feelings and meet you on the field of love.

Gandhi once said, "Be the change you want to see in the world." Loving what you hate sends a positive, beautiful energy to people while spreading peace and harmony throughout the planet. Instead of reinforcing hatred, you become an advocate for love. Hatred responds to hate by causing anguish. But hatred responds to love by transforming into blissful peace.



**Paul Case is Back!**  
AND SO IS LIVE MUSIC EVERYDAY & NIGHT

VOTED BEST FLORIDA WATERFRONT RESTAURANT BY FLORIDA MAGAZINE

**ISLAND GRILL**  
ISLAMORADA, FLORIDA KEYS

DECK	BEACH
Fri. Jan. 2 SAM MILNER 12-4 BILLY DAVIDSON with MICHAEL TRIXX MAGIC 6-10	PAUL CASE 6-10
Sat. Jan. 3 SAM MILNER 12-4 TIM SHARRON with MICHAEL TRIXX MAGIC 6-10	GENERATION GAP 6-10
Sun. Jan. 4 SAM MILNER 12-6	<b>COME BY BOAT</b>
Mon. Jan. 5 MICAH 6-10	
Tues. Jan. 6 BILLY DAVIDSON with MICHAEL TRIXX MAGIC 6-10	PAUL CASE 6-10
Wed. Jan. 7 PAUL CASE 6-10	
Thur. Jan. 8 JESSE KELSA TRIO 6-10	
Fri. Jan. 9 SAM MILNER 12-4 BILLY DAVIDSON with MICHAEL TRIXX MAGIC 6-10	

305-664-8400 • MM 85.5 Oceanside At Snake Creek Bridge

## REMEDY'S HEALTH FOOD

Working hard to give back to the community... Remedy's Health Food

### Tissue Mineral Analysis

Can reveal if you have a toxic metal condition or mineral deficiency.

**New Store Hours: Monday-Saturday 9-6 • Sunday 12-5**

**305 451-2160** 100670 Overseas Highway, Key Largo

Reprinted from DailyOM - Inspirational thoughts for a happy, healthy and fulfilling day. Register for free at [www.dailyom.com](http://www.dailyom.com).

Fresh, tasty Mexican food and spectacular sunsets on the Bay!

**Señor Frijoles has a new menu!**

- Exciting new menu items paired with your old favorites...
- Great food at great prices...
- New Tequila menu...

**BRING THIS AD FOR 10% OFF**  
EXCLUDING ALCOHOL AND ALL-YOU-CAN-EAT SPECIALS

MM 104 • Bayside • Key Largo • (305) 451-1592