

Mrs. Florida American Dream 2009

Mrs. Lisa Lansden of Tavernier has been chosen to represent Florida as Mrs. Florida American Dream 2009. She is the wife of Dr. True Lansden and the mother of four sons, Tommy, David, Tyler and Michael and the grandmother of one grandchild, Perry. Lansden has resided in the Florida Keys for the past five years and is the Office Manager of The Florida Keys Center for Plastic Surgery's two locations.

Lansden was born and raised in Mississippi and is the daughter of William and Carolyn Vineyard. Lansden attended The University of Southern Mississippi where she majored in Education and Criminal Justice.

Recently, Lansden had the honor of being the very first Mrs. Florida Keys America in 2008 and Mrs. Florida Keys United States 2009. She has developed project "Inspiration" and is in the process of renovating the bedrooms at the Florida Keys Children's Shelter. She has also been active in Relay for Life,



project "Wounded Warriors", the Good Health Clinic, as well as providing free skin cancer screenings for all Florida Keys residents at The Florida Keys Center for Plastic Surgery. Prior to this Lansden also organized a massive relief effort for the victims of Hurricane Katrina where essential items were donated by Florida Keys residents, gathered and packaged with the assistance of the Coral Isles United Church of Christ, and then delivered to the ravaged area, first by truck and then with the assistance of the United States Coast Guard. She looks forward to her year as Mrs. Florida promoting breast cancer awareness and the importance of volunteerism. Lansden enjoys modeling, photography, art and playing the piano. As Mrs. Florida she will compete in the national pageant to be held in October and she will continue traveling the State of Florida promoting her causes.

Bartender of the Month Holly Stewart at Island Grill



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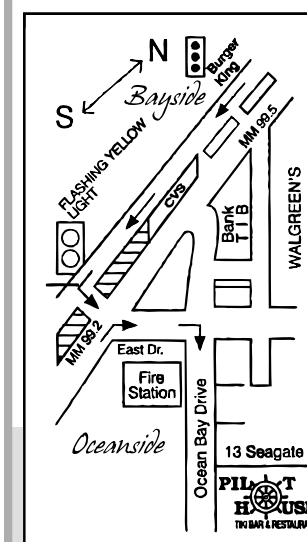
TASTY!

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	June 30 Wine Class Dinner from Around the World 6:00 \$19.95	International Lucky Day Tell us a joke for a free wine and Steak & Burger Night	2 Eurasian Hemlock dinner \$15.95 \$5 Price Beliefs All Day	3 Tom Cruise's 8 day Anniversary the Bob Seger segment from Hisay Business and get a free small plate dinner	4 HAPPY 4th! Last serving at 8pm	5 Sushi Night Sushi Rolls Sapporo Craft and Sake Specials
6 National Fried Chicken Day You guessed it Pasta Night	7 Chocolate Day 6:30 pm Chocolate Cooking Class (Reservations Only)	8 Steak & Burger Night John Lambert's Birthday	9 Ocean Koozie Birthday Tell us a creepy story and we'll take 10% off your bill	10 A Hard Day's Night released by the Beatles music all day	11 Wine & Cheese Tasting 2-5 pm	12 Sushi Night Sushi Rolls Sapporo Craft and Sake Specials
13 Pasta Night Cheese Melt Birthday	14 National Nude Day Closed after lunch Meet at Anne's Beach	15 Steak & Burger Night Philadelphia Phillies Live their 10,000 game in 2007	16 ORGANIC WINE DINNER Reservations Only 7:30 pm	17 In honor of Mama Rabbit and her bunny ears & get a free dessert w/ dinner	18 The sun Mandela's Birthday	19 Sushi Night Sushi Rolls Sapporo Craft and Sake Specials
20 National Lollipop Day Everyone who comes in gets a free Lollipop Also Pasta Night	21 Pret. Van's Tour Around the World Wine Class 6-8 pm	22 Steak & Burger Night John Dillinger shot in dinner by Feds 1934	23 National Independent Resistor's Week Entrepreneurs take 20% off your bill with your card	24 Tel. an Old Joke Day And we'll save 15% off your food purchase	25 National Cinnamon's Day Great specials all night	26 Parents Day Parents get a dessert on us with dinner Sushi Night
27 Take your houseplant for a walk Day Bring it in, we'll buy your plant	28 Chef George & Annal Talk Night Out Radio Show Part 2 tonight	29 National Language Day Steak & Burger Night	30 Father in Law Day Let's get a free drink with lunch or dinner Wine Tasting 5:30	31 Happy Back Week Back for 10 weeks And we'll give you a price on lunch		

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The Coconut Telegraph is proud of Holly Stewart, and it's not just because she was voted "Best Bartender" at the 18th Annual Island Fest presented by the Islamorada Chamber of Commerce, but because she is a really great person.

Several years ago, the late Jack Webb and I decided to do a benefit for Brandon Beyer, a 5-year-old boy who needed serious brain surgery. When Holly got wind of it she called me right away to

to school with his parents, they are my friends and I want to help." And help them she did. She jumped right in and collected donations and stayed late the night of the event serving hotdogs. She volunteered from her heart and

wanted no recognition.

Holly is well known as she has lived in the Keys since the age of 8. She has only been a bartender for a year and a half at the Island Grill, but everything she does she does well. Her bright smile and sparkling personality make her a favorite.

At this year's Annual Island Fest several bartenders competed taking 2-hour shifts over the 2-day contest. Holly received the most votes and has a plaque to prove it. Her co-workers have hung it at the Island Grill Tiki Bar and are also very proud of her.

Holly, the owner of HS Events, is also a wedding planner. Thinking of getting hitched? Call Holly Stewart at 305-393-5030 or just stop by the Island Grill where the t-shirts say "A little taste of the good life".

