

The Marathon & Upper Keys Alzheimer's Support Group for Caregivers

HelpLine in conjunction with the Alzheimer's Association Southeast Florida Chapter and the Alliance for Aging announces they will be forming a Marathon Alzheimer's Caregivers Support Group which will meet on the Second Wednesday of the month from 6:00pm to 7:30pm. The first meeting date is Wednesday, February 10th at the Marathon Senior Center. (Turn towards the bay at the light by the Marathon Library and it's the 2nd building on the left.)



The Upper Keys monthly Alzheimer's Support Group meets on the third Tuesday of each month from 6:30pm to 8:00pm. The Upper Keys next month's meeting is Tuesday, February 16th from 6:30pm to 8:00pm & the Upper Keys March 16th meeting is from 6:30pm to 8:00pm.

Caregivers are encouraged to attend the monthly sessions to talk about the caregiver role, recharge your emotional batteries, reduce stress and gather

new information. These free informal gatherings are held in the Upper Keys at the Plantation Key Senior Center (also known as the nutrition site & AARP building) at the Plantation Key Government Center Complex - mile marker 88.8, Bayside. And now at the additional Marathon Senior Center site (also known as the Marathon nutrition site & AARP building). The public is welcome to attend and hugs are provided free. If there is community interest, HelpLine will start an additional daytime session. To suggest what time and day of the week you would like to attend or to obtain more information call Pam Martin at 853-0907. The Alzheimer's Association is also looking for individuals interested in starting Alzheimer's Caregivers Support Groups in other parts of the Keys. Anyone interested should call Reni Rizzo at 1-800-861-7826 for more information.

For more information contact Pam Martin, pmflkeys@aol.com; (phone) 305-853-0907; (fax) 305-853-0908.

Coconut Conch Characters of the Month



The White Party at Coconut's.



Customers at the Conch House recently helped raise money for Haitian relief. The Conch House donated 20% of its proceeds.



A message to Mother Nature written in frost.



Jamie Daggett of Island Flash Beads in Islamorada.



The Burgee Bar at Ocean Reef.



The Reef Cup at Ocean Reef was exciting this year. Bon Temps was the winner with 21 sailfish releases.



New owner of H & R Block, Marshall Walker brings with him years of banking experience.

Special: New Lower Prices!

2 Days Only: Monday, February 15th and Monday, March 1st



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