

Party for the Pantry Proceeds Donated



Diane Rohr from the Islamorada Moose and Ben Hughes of the Quarter Club present a check for proceeds raised at the Party for the Pantry to Pastor Kerry Foote of the Burton Memorial Methodist Church. Including the money and food donated, the on-day event held in November raised about \$10,000.

Eagle Scout Project Completed!



Allan Neuzil of Key Largo Boy Scout Troop 588 recently completed his Eagle Scout Project at John Pennecamp State Park. Allan and his fellow Scouts raised funds and logged 100 hours in order to build the recycling hopper and sorting table for the Park. Troop 588 is chartered by the First Baptist Church of Key Largo. Allan is expected to receive his Eagle Scout honors in 2010.

Artist of the Month Morna Strengholt

The Coconut Telegraph ran into Chuck Falkner owner of the Harry Sontag Art Collection. Chuck was excited about some antique window screens he had commissioned Morna Strengholt to paint on. As you can see from the photographs the results are amazing.

What a beautiful way to recycle! Morna claims she will paint anything that doesn't move, coconuts, crab shells, tables, chairs, you name it. You can find Morna at the Islamorada Chamber of Commerce.



Some Dance To Remember
Some Dance To Forget

THE ORIGINAL
FULL MOON PARTY

SATURDAY
JAN. 30TH

LIVE
ENTERTAINMENT
ON THE BEACH
FROM 9 'TIL -?-

\$ 20 entry fee for Pierre's
(LIMITED SPACE — ARRIVE EARLY)

DJ AT MORADA BAY CAFE

BAHAMIAN PARADE • ABC CIRCUS • FIREWORKS
BONFIRES ON THE BEACH • BBQ SPECIALS
BACARDI DRINK SPECIALS

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Knowing Better Now The Past in Light of the Present

When we look back at the past, knowing what we know now, we often find it difficult to understand how we made the mistakes we made. This is because once we learn new information, it is nearly impossible to reenter the headspace we were in before we learned that information. And so we look back at parents who spanked their kids, for example, and wonder how they could have thought that was a good idea. Similarly, our personal pasts are full of mistakes we can't believe we made. We did things then that we would never do now, and this is precisely because we have information now that we didn't have, or weren't able to access, then.

From ideas about how to raise children to how to treat the environment, our collective human past sometimes reads like a document on what not to do. In many ways, this is exactly as it should be. We learn from living and having experiences. It is from these

past actions that we garnered the information that guides us to live differently now. Just so, in our personal lives, we probably had to have a few unsuccessful relationships or jobs, learning about our negative tendencies through them, in order to gain the wisdom we have now.

In order to live more peacefully with the past, it helps to remember that once we know better, we tend to do better. Prior to knowing, we generally do our best, and while it's true that from the perspective of the present, our best doesn't always seem good enough, we can at least give our past selves the benefit of the doubt. We did our best with what knowledge we had. Beyond this, we serve the greater good most effectively by not dwelling on the past, instead reigning our energy and knowledge into our present actions. It is here, in this moment, that we create our reality and ourselves anew, with our current knowledge and information.

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