

# MMC On Standby to Rescue Marine Mammals from Oil Slick

The Marine Mammal Conservancy (MMC) has been requested by the National Marine Fisheries Service to be on standby for possible deployment to the Gulf of Mexico for a rescue and recovery operation. The oil slick from the recent rig explosion and sinking poses a potentially serious threat to marine wildlife. MMC, in partnership with Dolphins Plus (Key Largo, FL), Dolphins Cove (Key Largo, FL), Ocean Embassy (Orlando, FL) and the National Marine Fisheries Service; is now marshalling the resources, equipment and personnel required to immediately respond to this disaster.

The Marine Mammal Conservancy (MMC) is an all volunteer nonprofit corporation dependent on the support of the public for operation. Located on a three-acre lot on the Gulf coast of Key Largo, Florida. MMC encourages the public to participate in its efforts to conserve and protect marine mammals and our oceans. The Marine Mammal Conservancy, Inc. is authorized under a Stranding Agreement with the U.S. National Marine Fisheries Service to respond, rescue, transport, and rehabilitate stranded and injured marine mammals under the Marine Mammal Protection Act.

## Drinker of the Month



**Captain Sterling Kennedy**  
with his beautiful  
**First Mate Judy**

## Upper Keys Krawl

Get a gang together, five to 20 people. Monday or Tuesday is really good. A lot of people in the "Biz" are usually off. Start time is around 10 A.M. First stop is for breakfast. Starting in the south, "Island Grill" is good. In Key Largo you have great choices with "Key Largo Conch House", "Sharkey's Galley" or "The Hideout", all are excellent. Head south to "Chilli Willies 11:30 or 12:00. Inside for a cocktail or two. Next stop "Island Grill" 12:45. Sit outside for a round or two. 1:30 head north to "Gilbert's" or "Pontoons" for libations. 2:00 stop at "Buzzards Roost" for some lunch. 3:00, drinks at the "Caribbean Club" or "The Big Chill". 4:00, Happy hour at "Coconuts". Make up time for your designated drivers. 5:00 until whenever, relax, drink and eat at "Sharkey's. Unknown hour, whoever can walk home do so, whoever can't, call a taxi and take your designated drivers home. Next day pick up the cars and start planning next weeks Krawl.

Vince

Editors note: Great idea Vince! Count me in.

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FRIDAY  
**MAY 28<sup>TH</sup>**  
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2 eggs, 2 pancakes,  
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FEATURED MENU ITEM: SOS w/homefries or grits \$7.75

MM 103.5 • Oceanside (Transylvania Ave. to the End)

**FRIDAY FISH FRY • All You Can Eat \$10.95 • 5-9 PM • Beverage Incl.**

## The Real Thing Love Should Feel Good

Love should feel good. Relationships that leave you feeling depleted, sad and making excuses are not based in love.

Often in our lives, we fall prey to the idea of a thing rather than actually experiencing the thing itself. We see this at play in our love lives and in the love lives of our friends, our family, and even fictional characters. The conceptualizing, depiction, and pursuit of true love are multimillion-dollar industries in the modern world.

However, very little of what is offered actually leads us to an authentic experience of love. Moreover, as we grasp for what we think we want and fail to find it, we may suffer and bring suffering to others. When this is the case, when we suffer more than we feel healed, we can be fairly certain that what we have found is not love but something else.

When we feel anxious, excited, nervous, and thrilled, we are probably experiencing romance, not love. Romance can be a lot of fun as long as we do not try to make too much of it. If we try to make more of it than it is, the romance

then becomes painful. Romance may lead to love, but it may also fade without blossoming into anything more than a flirtation. If we cling to it and try to make it more, we might find ourselves pining for a fantasy, or worse, stuck in a relationship that was never meant to last.

Real love is identifiable by the way it makes us feel. Love should feel good. There is a peaceful quality to an authentic experience of love that penetrates to our core, touching a part of ourselves that has always been there. True love activates this inner being, filling us with warmth and light. An authentic experience of love does not ask us to look a certain way, drive a certain car, or have a certain job. It takes us as we are, no changes required. When people truly love us, their love for us awakens our love for ourselves. They remind us that what we seek outside of ourselves is a mirror image of the lover within. In this way, true love never makes us feel needy or lacking or anxious. Instead, true love empowers us with its implicit message that we are, always have been, and always will be, made of love.



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