

# Mark Your Calendar

**FREE CONCERT**  
by the  
Keys Community Concert Band

## Sunshine Heritage

*A musical celebration of all things Florida!*

**Saturday, March 31, 4:00 p.m.**  
Islamorada Founders Park, MM 87

For more information, call (305)853-7294.



# Bethencourt Joins First State Bank

Terri Bethencourt joins First State Bank of the Florida Keys as Vice President, Deposit Operations Officer.

Bethencourt brings 27 years of banking and project experience to First State Bank. Her professional background includes such positions as Consumer Asset Division Systems Analyst, Systems & Procedures Coordinator, Privacy Officer & Deposit Applications Manager, and Vice-President/Deposit



Operations Manager. She also holds a Professional Project Management Certificate from Florida International University.

"We are very pleased to have someone with Terri's experience join First State Bank," said Elizabeth Miranda, Executive Vice President/Risk Manager. "We're confident that her extensive

experience and background will be beneficial to our team and to the success of the Bank."

# New Menu!

**Come in and sample!!**

**Home of the Original Tuna Nachos!**

**Two Great Chefs, Featuring Local Seafood with an "Oriental Twist"**

**COME BY BOAT!**

**LIVE ENTERTAINMENT EVERY NIGHT!**

**Try the Asian Tenderloin, the Wasabi Encrusted Catch, Oriental Shrimp Spring Rolls... and many more!**



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**MM 85.5 Oceanside At Snake Creek Bridge, Islamorada**

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## WHAT DO COCONUTS, ALUMINUM CANS & NEWSPAPERS HAVE IN COMMON?



*They all help the Upper Keys Humane Society!*

We are always in need of financial help, and we need your donations!

We need a lot of newspapers to line our kennels. We use hundreds of pages every day!

Coconuts are available in front of our building for a donation. Aluminum cans donated by people like you can be turned in for money to help pay our spay/neuter and medical bills.

Please consider bringing your coconuts, newspapers and aluminum cans to us at MM 101.5. Or, send a check, or volunteer!!



**HELP US HELP THE ANIMALS!**

—WE ARE A NO-KILL SOCIETY—

**MM 101.5 Oceanside**

P.O. Box 511, Key Largo FL 33037

**305.451.3848**

Uncirculated copies of the Coconut Telegraph are given to the Humane Society each month.

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MM100.6 Bayside • Key Largo

# Information & Inspiration Road Maps to Life

When we learn to attune ourselves to our inner compass we follow a map that only we can see, our own path.

All the major spiritual traditions serve the purpose of offering us a road map to guide us on our individual journeys to enlightenment. These road maps are made up of moral codes, parables, and, in some cases, detailed descriptions of mystical states. We often study the fine points of a particular ascended master's narrative in order to better understand our own and to seek inspiration and guidance on our path. In the same way, when we plan a road trip, we carry maps and guidebooks in an effort to understand where we are going.

In both cases, though, the journey has a life of its own and maps, while helpful, can only take us so far. There is just no comparison between looking at a line on a piece of paper and driving your own car down the road that line represents. Some people seem well suited to following maps, while others are always looking for new ways to get where they're going. In the end, the only reliable compass is within, as every

great spiritual guide will tell you. The maps and travelogues left behind by others are great blessings, full of useful information and inspiration, but they cannot take the journey for us. When it is time to merge onto the highway or pull up anchor, we are ostensibly on our own. Strange weather patterns, closed roads, and traffic jams arise in the moment, out of nowhere, and our maps cannot tell us what to do. Whether we take refuge in a motel by the side of the road, persevere and continue forward, or turn back altogether is entirely up to us.

Maps are based on observations from the past and we are living in the present, so we are the only true experts on our journey to enlightenment. We may find that the road traveled by our predecessors is now closed. We may feel called to change direction entirely so that the maps we have been carrying really no longer apply. These are the moments when we learn to attune ourselves to our inner compass, following a map that only we can see, as we make our way into the unknown territory of our own enlightenment.



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