

### Coconut Telegraph

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### Deadline

for the  
Coconut Telegraph's  
April issue is  
**Monday,  
March 24, 2014**

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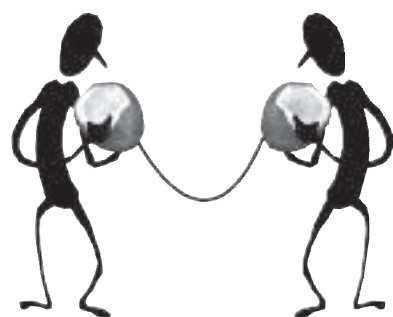
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## Editorial: Local, Affordable Miracles

It was almost 10 years ago that my left leg went numb and I lost control of my foot. It flopped around like a glob of jelly, making it a struggle to walk. It was impossible for me to work my part-time job as a waitress. My boss sent me to the late Dr. Kevin Grimes, a local chiropractor who had helped her after a car accident. Dr. Grimes took several X-rays of my spine and told me that he could not help me and I needed to see a neurologist. I had no insurance, only a part-time job I couldn't work at and I was broke. How broke was I? See page 3.

I couldn't even cry in my beer because when my friends saw me trying to walk with a floppy foot they

thought I was drunk and sent me home in a cab! Along came my friend Eric Beat-tie who suggested I see his doctor. I was totally against seeing another chiropractor, it would be a waste of money I that didn't have.

My friend Eric explained that Dr. Lu Elaine Johnson was no ordinary doctor, he said she was a miracle worker. He quietly explained that "Dr. Lu" was much more than a chiropractor, she was a holistic doctor, and he guaranteed she could fix my problem.

Of course I thought he was crazy and tried my best to ignore him, but he kept urging me to make an appointment and I really did need a miracle. So to make

a long story short, I made the appointment and went 3 times a week for only 2 weeks and I was COMPLETELY CURED! No drugs, no surgery.

Dr. Lu gently adjusted my spine, then she taped little balls on my ears (auricular therapy) and stuck needles on my body and hooked the needles up to electricity (acupuncture). It was very affordable, even for me.

Over the years I have only had to go back a few times for an adjustment because I had taken a fall or injured myself somehow. Often I have heard people say they go to a chiropractor for one thing, and to a different place for a massage therapist, and another place for acupuncture... and I just think that is just plain silly. You only need to go to one place when you have Dr. Lu! See the article on page 7.



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# Sock Hop

To benefit **THE GOOD HEALTH CLINIC**  
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## March 8

6-10pm at Island Grill  
at the Mandalay, MM 97.5

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DRESS Like you can remember the 50s!

More info:  
Joel Cote 305-896-4954  
Vicki Walker 305-676-3052  
Jane Amador 305-509-1669

Party Under the Moon Promotions

## I'm so broke...

I'm so broke, I go to KFC and lick other peoples fingers.

I'm so broke my boyfriend and I got married just for the rice.

I'm so broke, if a trip around the world cost a nickel, I wouldn't have enough to leave the couch!

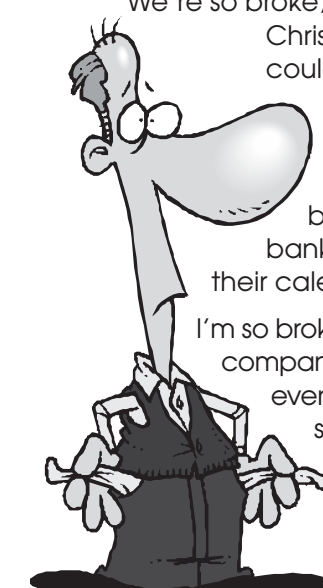
I'm so broke that I just went into McDonald's and put a small fries on layaway.

I'm so broke, just to rub two nickels together, I'd have to borrow one.

We're so broke, that at Christmas, all we could exchange was glances.

I'm so broke, the bank asked for their calendar back.

I'm so broke, phone companies don't even call me to switch!



I'm so broke, if I stopped on a dime, I'd probably owe it to someone.

I ain't broke, but I'm severely bent.

Someone saw me kicking a can down the street, and when asked what I was doing I said, "Moving."

I'm so broke I can't afford to pay attention!

A guy walked into our house, stepped on a cigarette and my Mom yelled, "Who turned off the heat?"

I'm so broke... when someone saw my wife walking down the street with one shoe, they said, "Hey, you lost a shoe." She said, "No, I found one!"

We're so broke that if someone rang our doorbell I'd have to yell, "Ding Dong!" out the window.

I'm so broke that if someone asked to use the bathroom I'd have to tell them "3 palm trees to your left."

I asked my husband: "Are we poor?" He said: "Honey...as long as we have each other... we are the wealthiest people on this planet. Now get back in that dumpster!"

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