

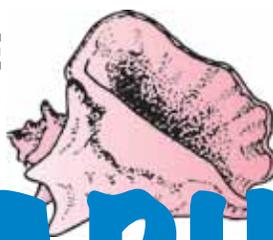
The Conch Republic

COCONUT TELEGRAPH



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Attractions

Art Guild of the Purple Isles Show
March 5-15

What's Hot & What's Not

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Monica Bankowski

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Key Largo Locator Map
Getting from Here to There

All the Buzz

Coco-Nut Funnies
Mangrove Galley
Conch Characters
Business in the Keys
Sounds of the Keys



Jimmy Johnson hosts the 4th Annual National Billfish Championship from his home base at the Big Chill in Key Largo, Wednesday, March 18th through Saturday, March 21st. Fish the tournament, attend the parties, check-out the vendors or just rub elbows at the tiki bar. There's a Kickoff Party, Celebrity Fishing Day, Two Competition Days and an Award Ceremony, and it's all for charity. Go to www.questforthering.com for all the details!

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—The Daily Times

Look for ad inside or check the calendar at keylargo-baysidegrill.com for all of our live music on the beach.

Coconut Telegraph

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Editorial continued

I thought I already sent that email out. I'm sure I did. Because telling you that it was a low priority and I forgot would probably hurt our relationship.

The dog ate my homework. And last but not least "I promise I'll never do it again".



The check is in the mail.

No, this is only a cold sore.



Reel Food from the Florida Keys" to Air on Cooking Channel

The Cooking Channel, one of America's most popular channels, will begin airing "Reel Food from the Florida Keys" in April, 2015.

A blend of travel log and cooking, "Reel Food from the Florida Keys" will show viewers how to create innovative and exciting new dishes while highlighting the fabulous Florida Keys. From Key Largo to Key West the audience will be transported to this sun-drenched region where the cooking is done right on location.

Renowned Florida Keys Chef Bobby Stoky hosts these fast-paced, one-minute cooking segments. As the owner of several Keys restaurants, Chef Bobby will create five exciting, easy-to-prepare dishes featuring fresh,

native ingredients. "These recipes represent the flavor of the Keys but with a different twist, they're fun to make and simply amazing," says Chef Bobby.

The Cooking Channel, is the perfect network for "Reel Food from the Florida Keys." The sister station of Food Network, Cooking Channel reaches over 62 million viewers. The channel is redefining and expanding what is "culinarily" possible and continually astonishes its immersed viewers.

"Reel Food from the Florida Keys" has teamed up with award-winning producer and developer Marina Angleton and 12-time Emmy Award-winning photographer and editor Mike Zimmer. That's them, pictured above, with Chef Bobby in the middle.

Editorial: Little White Lies or Big Fat Whoppers? Consider the Source.

What is the difference? It's the motive that matters.

The problem with lying, of course, is that once you're caught in a lie and branded a liar, no one can ever know again if you're telling the truth.

The classic lie of the '90s was President Bill Clinton's blatant denial that he "had sex with that woman." Unfortunately for Clinton, Monica Lewinsky's semen-stained dress carried his DNA and blew his phony claim to smithereens, destroying the reputation of a president.

White lies are used to avoid offending people, often avoiding realistic implications of the truth. Lies that are told to hurt another are just plain malicious. Compulsive liars lie out of habit.

But did you know that even the smallest of lies can make you sick, feel bad about yourself, demotivate you and ultimately destroy your relationships? Friends and family dumping you? Can't keep a good job? May-be you need therapy!

Here is a list of some common lies:

It wasn't me! Because some things just aren't worth taking credit for.

The table will be ready in 5 minutes. Because it sounds a lot better than 15 minutes.

Oh, yeah. That makes sense. Because option B involves admitting that I am clueless.

Thank you so much! I just love it! Because telling some-

one that their gift sucked would make me look like an insensitive jerk.

Yeah, you look great in that dress. Because it's better than being slapped.

Oh, things would have been different if I was there! - Because I'm Superman and I can always make a difference... or at least that's how I want others to perceive of me.

No, officer... I have no idea how fast I was going. Because claiming ignorance is sometimes better than admitting to insubordination.

I'm 29. Because 29 is, like, 20 years younger than 30.

Yeah, I'll start working on that ASAP! - Because telling

you I have 10 things to do first would just irritate you.

Yes, John was with me last night. - Because that's what friends do... we agree and ask questions later.

My resume is 5 pages long for a good reason. - Because I'm darn good at bullshittin'!

Man, that sucker was 10 feet long! - Because anything less would be boring.

Yeah, I was a badass on my high school football team! Because I want to be seen by others in an even stronger light than I see myself.

I'm 21, 6'5, with a muscular build. Because you can't see me in this online chat room!

continued, next page

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Sleek Parts and Darker Brows for March

Up Your Hair is here to tell you this month's beauty trends. Hair, makeup, and nails... find out how to get that runway look here!

As we look at what the new month brings in, it's time to discuss dos and don'ts. We see the latest styles displayed on beautiful models around the world, but what do we take from that look and what should we leave to the professionals?



Anna Kendrick

Breaking down the runway door we are seeing center parts, straight and shiny or messy and wet, thick bushy eyebrows and minimal makeup.

Remember that models have the extreme exaggerated versions of our newest "dos" and that can easily turn into a daily "don't." Try a center part with sleek barreling curls or a side part straight and smooth, finishing in a low ponytail.

The bushy eyebrows may work for some, a variation of this would be darker brows to bring attention to the eyes leading to a pastel eye shadow with dark bottom lid liner, or we can wing it, that is, wing our eyeliner into a dramatic cat eye, finishing with a light gloss or pastel matte lip.

If you're looking for a change or need advice, call or stop by Up Your Hair Salon or check out www.upyourhair.com

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Jimmy Johnson's Big Chill brings *The SUNDAY FUNDAY* tradition home, every last Sunday of the month.

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Tragic Loss on Valentine's Day



On February 14, 2015 a tragic car accident occurred on Krome Ave. Christopher Nunez, 27, from Miami, Florida and Anna Gomez, 28, from Key Largo, passed away.

Anna was the mother of three beautiful children. She

is survived by Ryan Billingsley - 12, Kaelyn Doubleday - 7 and Michael E. Fuller - one and a half years old.

There is an account for Anna Gomez at Centennial Bank for anyone who wants to make donations for her children.

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IF YOU MARRY AN IRISH GIRL

The first man married a woman from Italy. He told her that she was to do the dishes and house cleaning. It took a couple of days, but on the third day, he came home to see a clean house and dishes washed and put away.

The second man married a woman from Poland. He gave his wife orders that she was to do all the cleaning, dishes and the cooking. The first day he didn't see any results, but the next day he saw it was better. By the third day, he saw his house was clean, the dishes were done and there was a huge dinner on the table.

The third man married a girl from Ireland. He ordered her to keep the house clean, dishes washed, lawn mowed, laundry washed, and hot meals on the table for every meal. He said the first day he didn't see anything, the second day he didn't see anything but by the third day, some of the swelling had gone down and he could see a little out of his left eye, and his arm was healed enough that he could fix himself a sandwich and load the dishwasher. He still has some difficulty when he pees...

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Bayside Blues Concerts

Concert Showtime: 6:30pm

SATURDAY
Mar 14: Biscuit Miller & The Mix

Well respected and always a fun show.

SATURDAY
Apr 18: Kara Grainger

Delta Groove - Classic songwriting skills, smooth sultry vocals, and the ability to whip up a storm with a fiery slide guitar.

SATURDAY
Apr 25: Bobby Messano

"Consummate perfection." Blues Hall-of-Famer, best 2012 Blue/Rock Album by Blues Underground Network.

SATURDAY
May 2: Chris O'Leary

2011 Blues Music Award for Best New Artist - First-class, Chicago-style harmonica and vocals, Chris is a natural frontman.

THU-SAT
May 14, 15 & 16: Mac Arnold

"Corn Bread & Collard Greens Festival" Old-school blues, soul and funk; he's toured and recorded with Muddy Waters Band, Otis Redding & B.B. King.

World class entertainers, in Key Largo on the beach.

Check the calendar at keylargo-baysidegrill.com
for more great Bluesfest bookings

305-451-3380 MM 99.5 Bayside, behind Cafe Largo

Pour Me Some Whiskey!

Whiskey is one of the best alcohols you can drink. Not only is it the least likely to give you a hangover, but it's also one of the healthiest around. You'll find that having a few fingers of whiskey every week can help to:



terol present in your blood vessels at the moment. It relaxes the walls of your arteries, ensuring that your blood can flow without obstruction.

- 1. Avoid Weight Gain** - Whiskey is a low-calorie alcohol, especially when compared to cocktails, beers, and wines. Drink a tumbler of whiskey without worrying about packing on the pounds, thanks to its low sugar content.
- 2. Boost Heart Health** - Did you know that drinking whiskey can actually make your heart healthier? Aside from wine and dark beer, what other alcohols can claim that? Not only will whiskey reduce the risk of blood clots, but the antioxidants in whiskey stop cholesterol from clogging your arteries, and it can even boost your good cholesterol.
- 3. Fight Cancer** - Whiskey is rich in antioxidants, particularly one known as ellagic acid. This stops your body's DNA from coming in contact with cancer-causing compounds, reducing the risk of carcinogens forming. It can also protect your body from chemotherapy, and will reduce oxidation in your body.
- 4. Improve Brain Health** - A study conducted in 2003 discovered that drinking whiskey reduces your risk of Alzheimer's and dementia. If you're worried that your brain is slowing down in your old age, it's time to start drinking whiskey!
- 5. Reduce Stroke Risk** -- Whiskey not only helps to prevent cholesterol from building up in your arteries, but it can actually help to get rid of any cholesterol present in your blood vessels at the moment. It relaxes the walls of your arteries, ensuring that your blood can flow without obstruction.
- 6. Fight Stress** - Stress can cause a wide range of health problems in the human body, but thankfully we've got whiskey to kick stress' butt! It can increase circulation throughout your body, providing your organs with fresh, oxygenated blood.
- 7. Boost Memory** - The antioxidants in whiskey help to improve the health of your brain, and the circulation-boosting effects will boost your memory at the same time. This will also keep your brain active and young.
- 8. Aid in Digestion** - Whiskey has long been taken as a digestive aid. After a meal, it relaxes the body after eating heavy food. It can also help to shut down your appetite, preventing overeating.
- 9. Lengthen Lifespan** - Whiskey is loaded with healthy antioxidants, reducing your risk of disease. If you prevent the slow breakdown of cells in your body, you may live longer.
- 10. Great for Diabetics** - Whiskey is a zero-carb alcohol, so you can drink it in moderation without worrying about the effect it will have on your blood sugar levels.

Conch House on Emeril's Florida on Mar. 8

Key Largo Conch House is going to be on **Emeril's Florida** on March 8th. The season 3, episode 11 show that features Key Largo Conch House is called "Family Owned & Operated" and will air the following dates and times: Sunday, March 8, at 2:30pm, Monday, March 9, 2015 at 9:30am, and Thursday, March 12, at 10:30am.

The show is on the Cooking Channel. Please check with your TV provider to see what channel that is for you.

"The Cooking Channel-taped the episode in March 2014. It features The Conch House's signature conch fritters, lionfish, Key Lime Coconut Cake, and hogfish," said Conch House owner Laura Dreaver.

ST PATRICK'S DAY FUN FACTS

WHY SHAMROCKS?

According to Irish legend, the saint used the three-leafed plant as a metaphor for the Holy Trinity when he was first introducing Christianity to Ireland.

SAINT PATRICK'S BRITISH

Although he made his mark by introducing Christianity to Ireland in the year 432, Patrick wasn't Irish. He was born to Roman parents in Scotland or Wales.

ERIN GO BRAGH

What's the phrase mean? It's a corruption of the Irish Éirinn go Brách, which means roughly "Ireland Forever."

THERE ARE NO FEMALE LEPRECHAUNS

Don't be fooled by holiday decorations showing lady leprechauns. In traditional Irish folk tales, there are only nattily attired little guys.



Adopt a Key Largo Animal Shelter Pet

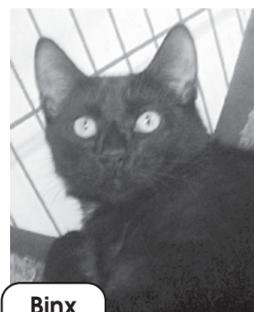
Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home, stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.



Simon



Dan



Binx



Zeus



Angie



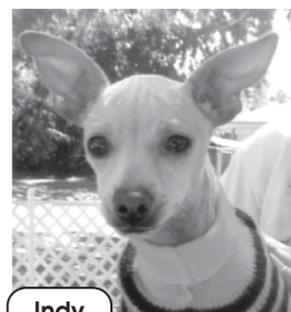
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Art Box Artist of the Month: Monica Bankowski



painting and drawing media, and has extensive experience with printmaking, ceramics, photography, computer graphics, stained and fused glass, and even calligraphy. "When I was teaching high school art, I had two art rooms, one for fine art and a lab for digital art. I taught traditional black and white photography with a darkroom, then gradually went digital with the use of Adobe Photoshop. I now use it everyday."

Monica shares her passion of Photoshop on Monday evenings at The Art Box. Her class is offered through the month of March every Monday night from 6-8 pm. It's geared for beginners but those with some experience can bring their questions and projects to class for some tips on how to get the most out of Photoshop tools, drop down menus, and the palettes and layers. The class will also touch on the aesthetics and

ethics of photo editing. Pre-registration is required. As a teacher, Monica always believed that everyone is good at something. Although she left teaching in Ohio, here she continues to enjoy working with young people and has taught art at Coral Shores High School, substituted at PKS, KLS and TVM, and volunteered in the art department at Island Christian School. "I still believe in fun art and fine art, and art should be a fun experience based on solid art concepts. You can't teach art in the public school system for over 35 years without a sense of humor." One of her favorite quotes is from Albert Einstein: "Imagination is more important than knowledge."

Monica's artwork can also be seen at the Artamorada Gallery in the Rain Barrel. Her commissioned coconut paintings of client's pets and shoe painting designs are on display as

well as photographs, oil, acrylic and watercolor paintings, and artwork on tile.

Monica is an active member of the Art Guild of the Purple Isles of Key Largo, and attends Calvary Chapel; in Ohio she is a member of the Port Clinton Artists' Club and attends the Church of Middle Bass Island.

When not painting or teaching Monica enjoys boating and fishing with her husband Brad. In Ohio they are active members of the Middle Bass Island Yacht Club where she is volunteer photographer and co-editor of the MBIYC Member Directory/Yearbook.

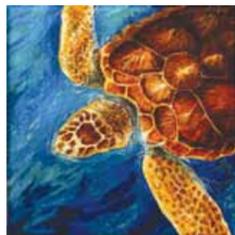


"The work of a man's hands comes back to him." Prov. 12:14

Black fin tuna, starfish and sea turtles are just some of the Keys' natural influences on our Art Box Artist of the Month, Monica Bankowski. Having visited and fished the Keys for over thirty years, this retired Ohio art teacher now happily winters in the Florida Keys.

"Being a gal from Michigan, I'm an outdoors person as well as an artist from childhood. So when my husband planned for us to retire to the Keys, I couldn't have been happier! I wasn't prepared for the joy of living here in this rich, artistic culture. The beauty of the Keys is inspiring and I find there's not enough hours in the day to work on my art!" she exclaims.

A jack of all trades, Monica Bankowski works in and can teach numerous



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Art Guild of the Purple Isles Annual Show March 5th-15th

The annual show of the Art Guild of the Purple Isles is coming soon... and is not to be missed. Local member artists are busily preparing their works for show entry. Judging takes place prior to the opening day of the show, which runs March 5 through 15 daily from 10 am to 6 pm, at Key Largo Library, Tradewinds Shopping Plaza, MM 101.4 oceanside.

Wendy Cahill, a long time dedicated member of the Guild is shown here at a recent workshop taught by well-known artist Kathleen Denis. Kathleen has donated an original oil "Tropical Lane" to be raffled at the show along with a watercolor original by artist Tom Jones. Proceeds from the raffle are used to promote art



education and activities in local schools. Visitors may vote for their favorite entry which will receive the "People's Choice" award.



"Water's Edge II" by Rosanne Grolman was the 2014 People's Choice winner.

Sounds of the Keys



Soulicide at Gilbert's Resort.



Rob Mitchell getting guitar lesson from blues legend JW Jones.



Shane Duncan Band - everyone's new favorite - at Gilbert's Resort.



Alan Truesdell every Tuesday at the Pilot House.



Blues great JW Jones rocks the house at Bayside Grille.



Sauce Boss Bill Wharton gets high (up on the bar) and entertains at Gilbert's.

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Highway Patrol Officer of the Quarter

Monroe County State Attorney Catherine Vogel recently presented Florida Highway Patrol Corporal Gary Dunick with the designation of "Officer of the Quarter" for his exemplary performance and dedication to the residents of Monroe County. Corporal Dunick is an outstanding example of someone who does their job well. His service has not gone unnoticed," said State Attorney Vogel.



Beware of TITS - Traffic Induced Tourette's Syndrome

Definition: Tourette's (too-RETs) syndrome is a nervous system (neurological) disorder that starts in childhood. It involves unusual repetitive movements or unwanted sounds that can't be controlled (tics). For instance, you may repeatedly blink your eyes, shrug your shoulders or jerk your head. In some cases, you might unintentionally blurt out offensive words.

Tourist season is here in full-blown glory and it is bigger and better than ever. Although we dearly love the visitors who support our

businesses and in turn keep our pay checks flowing, at times the added traffic can disrupt our laid back, easygoing lifestyle.

Construction road blocks in the south lane and north lane can sometimes take you a half-hour or more to go 5 miles. Some find our one road, US 1, difficult to navigate and they cause accidents that mess things up for all drivers. Those of us who have lived here the longest prepare for that, and drive leisurely anyway.

High strung people who live life in the fast lane just can't handle it. Before they know it they are honking their horn like a Miami moron motorist, arm hung

out the window twitching with the universal WTF sign. Before they know it an uncontrollable barrage of offensive words spew out of their mouths in the privacy of their vehicle (hopefully!).

Even nice church ladies have been known to projectile vomit obscenities that would make your hair curl. Saying things like "Go suck a bats bung hole you ass clown!" "You asshat thumper!" and "Bubbabbbbutthole!" That's when you know for sure you have a bad case of TITS.

That's Traffic Induced Tourette's Syndrome. There is no known cure. Depending on the severity of your TITS, it is possible that you

may need to get the TROTS. That is Tourist Related Offense Tactical Solutions. You can get the TROTS just from reading the Coconut Telegraph. We are full of it! Our best TROTS advice is to leave your car at home and take a bicycle, boat, taxi cab, call a friend or just walk to the nearest bar. Order a drink. Consume. Repeat. Now, don't you feel better?



Best Happy Hour in the Keys! 4-7 Daily

Check out our Local's Loyalty Program:
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SPRING RATE PROMO

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Our new dry rack system, for boats up to 25 ft., is installed and ready for your boat and boating season in our beautiful Florida Keys! to celebrate we are offering a fixed monthly rack rate of \$250/mo. + tax. (No long term contract required.)
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The Mangrove Galley by Sandi Mieszczenski

Sandi's recipes are featured monthly in the Coconut Telegraph. For previous issues go to <http://www.theconchtelegraph.com>.



As we leave February and some of the coldest days of this year (burr!!!), we can look forward to the coming of spring, and weather that we Floridians are accustomed to. Of course March also means the celebration of St. Patrick's Day. Patrick is credited with introducing Christianity to the people of Ireland. Many places in the United States go all out with parades, green beer, shamrocks, and sightings of leprechauns (must have been too much green beer.) The traditional dish for this party day is usually corned beef and cabbage, but one year I tried something different: beef cooked in Guinness beer. It was delicious. So try the recipe for a St. Paddy's Day change, and enjoy!

BEEF IN GUINNESS

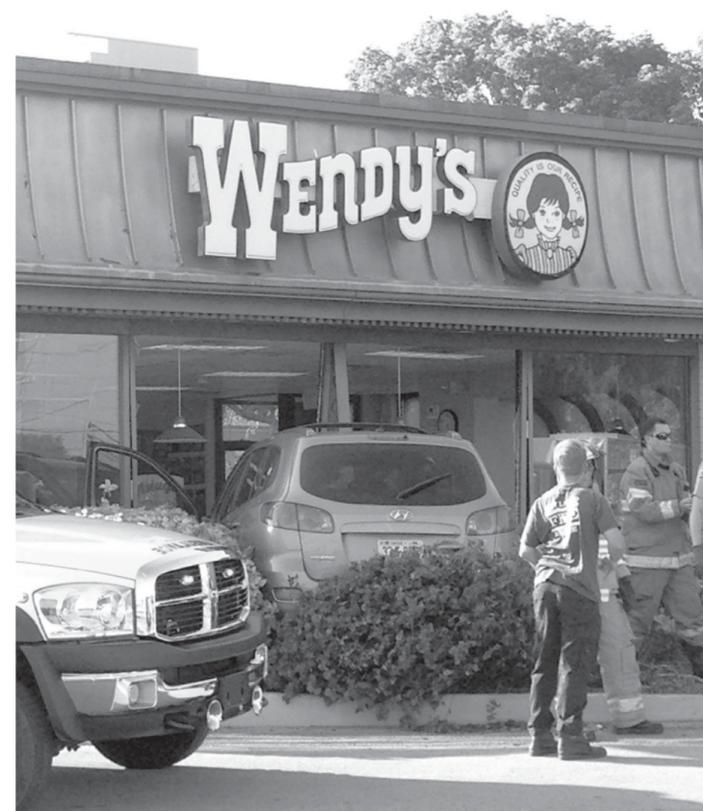
- 2 to 3 pounds chuck or pot roast
- 1 cup of flour
- salt and pepper
- 3 Tablespoons of vegetable oil
- 3 sliced onions
- 4 whole garlic cloves
- 4 sliced carrots
- 1 to 2 tablespoons fresh rosemary**
- 1 to 2 tablespoons fresh thyme**
- (**you may substitute 1 to 2 tsp. of dried)
- 2 ½ cups beef stock
- 2 bottles of Guinness



Cut the beef into 1" cubes. Season the flour with the salt and pepper. Roll the beef in the flour. Heat a large stock pot. Add the oil then the beef. After browning the beef add 1 of the sliced onions, 1 garlic, and 1 sliced carrot. Stir in the beef stock. Bring to a boil, cover, and reduce the heat to low. Cook for 1 ½ hours.

Add the Guinness, the remaining onions, garlic, carrots, and the herbs to the pot. Bring to another boil, reduce the heat to low and simmer 30 minutes. Remove the beef from the pot. On high heat, reduce the sauce by one half. Serve by pouring the sauce over the meat.

The beef dish pairs itself well with buttered boiled potatoes, a hot crusty bread, and a hearty red wine.



Wrong window for Wendy's drive through... Thanks, Charles Fulco for sending this to us!

Mistakes People Make on their First Trip to the Upper Keys

PACKING - It is 80 degrees here 99% of the time, so you won't need that thermal underwear. Bathing suits, shorts, sundresses, sandals and hair scrunchies are all you need. Men just need shorts, Hawaiian shirts and flip flops. Socks with sandals are strictly prohibited.

MOSQUITOS - New visitors are fresh meat to our blood suckers. Bring some bug repellent and keep it in your car. It also comes in handy for making quick friends at any outdoor venue, and getting drinks bought for you.

SUNBURN - Bring or buy SPF 30 or higher, waterproof if you are enjoying the pool or ocean.

Hotel - Stop at one of our friendly local visitor centers, you can save a ton of money and not waste your entire vacation driving from one place to the next when they are all booked up for the season. Or, just go to Gilbert's Resort at MM 107.9. They have everything you need, hotel, restaurant, watersports, tiki bar, live entertainment, pool, beach, etc. Call now 305-451-1133.

SHOPPING at the wrong place - the locals won't steer you wrong. We shop at the Island Market Place Mini Mall behind the Dollar Tree at MM 102 Thurs - Sunday or Shell World. For antiques and collectables the locals

only trust the Pink Junktique Consignment shop MM 98 on the oceanside northbound lane. For info call 305-853-2620.

MISSING THE SUNSET - Bayside is the only way to go because you can't see it on the oceanside. Take a ride on the Island Time Cruise and dance the night away. Make reservations. Bayside Grill and Snook's have a very special sunset ceremony every night.

MISSING THE REEF - It's what we have that no other islands in the US have, a living spectacular coral reef in our backyard. To get there you need to get on a boat. If you want to snorkel or scuba dive call Keys Diver 305-451-1177.

MISJUDGING DRIVE TIME to Miami International Airport - If you booked your flight anywhere near the rush hours of 7 to 9 am, 11 am to 2 pm or 4 - 7 pm... forget it. You might as well buy a house and stay. Hell, that's why the rest of us are all here! Nobody wants to leave. Call Jane Wasmund at Tropical Realty now for the best prices on homes 305-451-2214 or call her beautiful daughter Wendy 305-394-1376.

Now you can relax! Enjoy your visit, we hope it turn into a lifetime!



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Entertainer of the Month: Kim Bankston



In the 9 years I have been publishing this newspaper I have written about a multitude of talented musicians but none as multi talented and amazing as Kim Bankston, and certainly none so humble.

Perhaps you remember Kim from the Pilot House, when he put on dynamic, standing-room-only shows with the Platters and the Supremes? He is a member of the The New International Platters and toured with them and the International Supremes until recently when his health greatly declined.

Kim is currently being treated for an extremely serious and rare form of bile duct cancer called cholangiocarcinoma (only 5-10 men out of a million are infected with this disease each year) and he is not able to work. Although he does have some health insurance his expenses have used up all his savings.

Kim's friends have started a fund for him at www.gofundme.com/pnn70 for those who want to contribute, and a limited number of his latest CD are available for \$15 each including shipping and handling. Send \$15 check or money order to Clarence Bankston % Kimberley Etheridge Manager-Agent PO Box 372802, Key Largo, FL 33037. 100% of the funds go to Kim Bankston's expenses while he is unable to work.



Kim started out as a drummer at the age of 13, in a band with some close friends in the Miami area. Kim went on to play the piano, and at the age of 19, was asked to joined an R&B band named "The Formula Six Band" out of Opalocka,



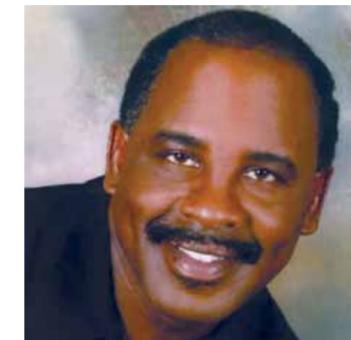
Kim's latest CD is available for \$15 including shipping and handling. Send \$15 check or money order to Clarence Bankston % Kimberley Etheridge Manager-Agent PO Box 372802, Key Largo, FL 33037. 100% of the funds go to Kim Bankston's expenses while he is unable to work.



Kim Bankston, in a rare moment, relaxing at Gilbert's.

where Kim played the keyboards and sang lead vocalist. Meantime, he attended college, then went onto to gain a degree in recording engineering.

Kim's career spans over 30 years, performing locally at Gilbert's Resort, The Pilot House, Coconuts, Marker 88 Restaurant, and Soundowners. This life-long Miami resident has played all across the nation as well as internationally with Stevie Wonder, The Manhattans, The Miami Sound Machine, L.T. D., Denise Williams, Clarence Carter and Timmy Thomas. His music ranges from the 50s through the 90s and his style is classic oldies, R&B, Motown, Bossanova and jazz.



Kim's favorite is Brazilian music and he even sings in Portuguese! He also plays a large variety of instruments including alto sax, saxophone, steel drums, bass guitar, rhythm guitar, marimba vibes, flute, keyboards. He is a talented vocalist and entertainer, singing and playing renditions of Frank Sinatra, Stevie Wonder, Al Green, George Benson, The Doobie Brothers, and so many other masterpieces leaving the audience breathless and wanting more.



Coco'Nut' Funnies



Thank you Doug Myers

Three golfing girlfriends are playing the 9th hole at the Ocean Reef Golf Course in Key Largo when a naked man wearing a bag over his head jumps from the trees and runs across the green. The three women look and are in shock at the size of his manhood. The first woman says "Well he definitely is not my husband." The second woman looks at his manhood and says "He's not my husband either." The third woman takes a good look and says "He's not even a member of this club."



Old People in Hell

Brr.

They call this hot?

Where's my sweater?

A man came home from work one day to find his wife sitting on the front porch with her bags packed. He asked her where she was going, and she replied, "I'm going to Las Vegas." He questioned her as to why she was going, and she told him, "I just found out that I can make \$400.00 a night doing what I give you for free." He pondered that for a few moments, then went into the house. He quickly packed his bags and returned to the porch. His wife asked, "And just where do you think YOU'RE going?" "I'm going too!" he replied. "Why?" she asked. "I have GOT to see how you plan to live on \$800.00 a year!"

Thank you Thad Bowling!



Why is it after I push ONE for English I still can't understand the person on the other end?

I just took a leaflet out of my mail box informing me that I can have sex at 73. I'm so happy, because I live at number 71. So it's not too far to walk home afterwards. And it's the same side of the street. I don't even have to cross the road!



SOMEBODY PAMPER ME!

OH YEAH I FORGOT

I'M A STRONG INDEPENDENT WOMAN...

SHIT.

Offensive and Politically Incorrect

WE WARNED YOU!

I got invited to a party and was told to dress to kill. Apparently a turban, beard and a backpack wasn't what they had in mind.

After a night of drink, drugs and wild sex, Jim woke up to find himself next to a really ugly woman. That's when he realized he had made it home safely.

Seven wheelchair athletes have been banned from the Paralympics after they tested positive for WD40.

ITS A BOY" I shouted "A BOY, I DON'T BELIEVE IT, ITS A BOY". And with tears streaming down my face I swore I'd never visit another Thai brothel!

Sailing results are in, GB took gold, USA took silver and Somalia took a middle aged couple from Weymouth.

A boy asks his granny, 'Have you seen my pills, they were labeled LSD?' Granny replies, f**k the pills, have you seen the dragons in the kitchen?

Wife gets naked and asks hubby, 'What turns you on more, my pretty face or my sexy body?' Hubby looks her up and down and replies, 'Your sense of humor!

The wife's back on the warpath again. She was up for making a sex movie last night, and all I did was suggest we should hold auditions for her part.

I've accidentally swallowed some Scrabble tiles. My next crap could spell disaster.

My sister-in-law sat on my glasses and broke them. It was my own fault. I should have taken them off.

I spent a couple of hours defrosting the fridge last night, or "foreplay" as she likes to call it.

I woke up this morning at 8, and could sense something was wrong. I got downstairs and found the wife face down on the kitchen floor, not breathing! I panicked. I didn't know what to do. Then I remembered McDonald's serves breakfast until 11:30.

Bought the missus a hamster skin coat last week. Took her to the fair last night, and it took me 3 hours to get her off the Ferris wheel.

The other night, my wife asked me how many women I'd slept with. I told her, "Only you. All the others kept me awake all night!"

My missus packed my bags, and as I walked out the front door, she screamed, "I wish you a slow and painful death, you bastard!" "Oh," I replied, "so now you want me to stay!"

A government survey has shown that 91% of illegal immigrants come to this country so that they can see their own doctor.

I've just installed strobe lights in the bedroom. It makes the wife look like she's moving during sex.

Thank you Tony Zidar



fish (fɪʃ)

n. pl. fish or fish-es

An animal that grows the fastest between the time it's caught and the time the fisherman describes it to his friends.




Thank you Thad Bowling

AFTER HIS THIRD SHOT OF HAIR TONIC, WALT FINALLY REALIZED HE HAD STUMBLED INTO THE OLD WEST SALON.



MAYBE NEXT TIME YOU'LL TRY A LITTLE SUNSCREEN...



WOW, YOUR BABY IS SODD SMALL!

Left Field

by J.S. McKinna



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Be aware of giving from a desire to feel good about ourselves, rather than from a place of connection to all people.

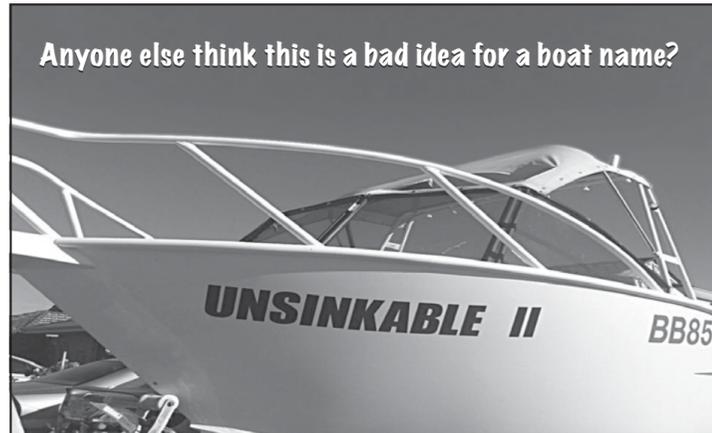
When we see a person in need, we may want to give them something as a way of helping them, but if we give without taking the time to see who they really are, honoring that most of all, our gift is nowhere near as powerful as it could be.

Giving and receiving are companion energies that take turns throughout our lives, and we all get a chance to be on both sides of the exchange from time to time.

We may want to give a homeless person a sandwich, for example, but if we give it without also taking a moment to look the person in the eye, making authentic contact, we rob them of the experience of being human.

Being in a position of need leaves a lot of people feeling vulnerable and full of self-doubt. The greatest gift we can give is to meet people in need without judgment and with the awareness that we are not superior to them simply because we are not currently in their position.

If we take the long view, we can see that we all began life in need of a lot of care and attention, and many of us end life in the same way.



APRIL FOOLS' DAY APRIL 1

Are You Ready?

April Fool's Day is coming - be prepared with these practical jokes...

Sleepers are the easiest to mess with:
 Draw funny eyebrows and a mustache on their faces while they are asleep.
 Place whipped cream in their hands and tickle their nose with a feather.
 Place someone's hand in a bowl of warm water while they are sleeping - a sure way to make them wet their pants.

Office pranks:
 Go to the office early and tape down the ball on everyones mouse.
 Rearrange their office furniture, desk and files.

Torture family members:
 Play Dr. Dolittle. Tape a walkie-talkie to your pet or hide it near where the pet is laying. Walk a safe distance away. When a family member tries to pick up or pat the pet say into your walkie-talkie in a gruff voice "I hate it when you do this to me!"
 Late at night fill the hair dryer with baby powder. Try to watch the expression on their face when someone who has just washed their hair sees it turn white.
 Try this with teenagers. Set the alarm clock for 3am and hide it under their bed.
 Glue all the eggs to the carton and ask someone to make breakfast.

April 1 is April Fools' Day. Believe nothing and trust no one.
 Just like any other day.



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What a treat! Lunch at Sonny's Barbecue. They have the best salad bar, always fresh and full, the food is delicious and server Patsy was excellent!



Teresa "T" bartender at the American Legion is PDQ!



A fundraiser for Kim Bankston at Gilberts went well, with a little gumbo from the Sauce Boss, and raised \$1500 for Kim. Special thanks to Kim's manager for manning the raffle table.



Magical Michael Trixx shows Jimmy Johnson some magic at the Big Chill. See his show on Tuesday nights.



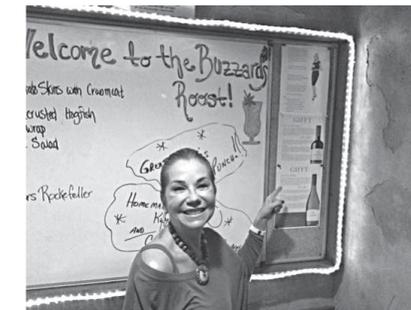
MARC staff and volunteers put on a fabulous shopping event at the Islamorada Moose.



Thank you, Gilbert's Resort for helping raise money for medical expenses for Kim Bankston. To find out how you can help, see page 17.



History leaving the Keys ...the old blue mini-bus... Lots of people rode in this over the years. Lots of stories there!! The roof blew off and hit a Lexus on the way out of the Keys. Damaged the car - but they are o.k. Now they have a story to tell too...



Kathie Lee Gifford stopped by the Buzzard's Roost to promote her new wines they are selling. Stop in and check them out



Key Players' Nonsense was great fun!



Key Largo American Legion Post 333 hosts Team River Runner wounded veterans.



Blast from the Past! Bobbe Brown at Coconut's.



Congratulations to Bonnie and Paul Larsen on their wedding at the Elks Lodge on Valentines Day.



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1 IGOR & RED ELVISES 1-6 SPECIAL EVENT!	2 DALTON COLLINS 12-3	3 PRIME RIB NIGHT! \$9.99 BOBBE BROWN 5-9	4 PRIME RIB NIGHT! \$9.99 HARRY FRENCH 5-9	5 SCOTTY MEYER 12-4 LADIES NIGHT! 6-9PM (FREE WINE, DRAFT, WELL) DJ ALEX 5:30-9:30	6 RIBS & RUMRUNNERS 5-9 PM • \$9.99 REGGAE NIGHT FEATURING BAGA TRICKS 7-11PM	7 NO RESTRICTIONS 1-5 SHANE DUNCAN BAND 7-11 (STAFF FAVORITE)
8 ECLIPSE 1-6	9 DALTON COLLINS 12-3	10 PRIME RIB NIGHT! \$9.99 BOBBE BROWN 5-9	11 PRIME RIB NIGHT! \$9.99 HARRY FRENCH 5-9	12 SCOTTY MEYER 12-4 LADIES NIGHT! 6-9PM (FREE WINE, DRAFT, WELL) DJ ALEX 5:30-9:30	13 RIBS & RUMRUNNERS 5-9 PM • \$9.99 THE BAILOUTS 7-11PM (NEW FROM MIAMI)	14 COLBERT 1-5 ZBRA 7-11 (NEW FROM WEST PALM BEACH)
15 THE REGS 1-6	16 DALTON COLLINS 12-3	17 PRIME RIB NIGHT! \$9.99 BOBBE BROWN 5-9	18 PRIME RIB NIGHT! \$9.99 HARRY FRENCH 5-9	19 SCOTTY MEYER 12-4 LADIES NIGHT! 6-9PM (FREE WINE, DRAFT, WELL) DJ ALEX 5:30-9:30	20 RIBS & RUMRUNNERS 5-9 PM • \$9.99 HARD LIQUOR BAND 7-11PM (NEW FROM BROWARD)	21 UNCLE RICO 1-5 Michael Trixx 8pm TBA 7-11
22 MR NICE GUY 1-6 (STAFF FAVORITE)	23 DALTON COLLINS 12-3	24 PRIME RIB NIGHT! \$9.99 BOBBE BROWN 5-9	25 PRIME RIB NIGHT! \$9.99 HARRY FRENCH 5-9	26 SCOTTY MEYER 12-4 LADIES NIGHT! 6-9PM (FREE WINE, DRAFT, WELL) DJ ALEX 5:30-9:30	27 RIBS & RUMRUNNERS 5-9 PM • \$9.99 MOJO SCOUNDREL 7-11PM (DANCE BAND)	28 CUTLER STEW 1-5 Michael Trixx 8pm PANIC DISORDER 7-11
29 SHANE DUNCAN BAND 1-6 (FIRST EVER SUNDAY SHOW!)	30 DALTON COLLINS 12-3	31 PRIME RIB NIGHT! \$9.99 BOBBE BROWN 5-9	CAN'T MAKE IT TO OUR LEGENDARY SUNDAY FUNDAY PARTY??? We are featuring local bands on Saturday afternoons in March too!			



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