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## Starting A Group Fellowship With A Purpose

Starting a group with like-minded people can help you feel grounded and connected to what matters in your life.

Human beings, by their very nature, love to gather. Yet as much as we crave community, the rigors of real life frequently interfere with our efforts to come together with likeminded individuals. For this reason, fellowship is crucial to humanity's wellbeing now more than ever.

Most towns and cities play host to a variety of small groups that allow people to congregate purposefully, but that does not mean we should not consider founding our own. When people with similar interests, ideals, or aspirations come together as a group, a community is built that provides a new dimensionality to our earthly experiences.

The formation of a group is like an invitation welcoming all those desiring companionship and camaraderie into a circle of support. You may feel driven to found a group for women, healers, knitters, readers, writers, or political activists.

Rules need only be a part of your communal experience if you find that level of organization appealing, and it matters little whether your group is large, goal-oriented, or structured.

When you have a firm vision of the group you wish to bring into being, hang posters, reach out to acquaintances, and get in touch with similar groups to attract participants.

Groups of likeminded individuals are to some extent inherently exclusionary, being that they serve as a supportive environment in which people who have something in common can gather. Yet such groups can also transcend the boundaries that might otherwise keep people apart.

The group you create will likely attract people from many different ethnic, cultural, and spiritual backgrounds, and if you make these individuals feel equally welcome, your group will grow and thrive as a result.

Try to ward off any discouragement you feel when those intrigued by your group's purpose are not ready to contribute actively. They are likely waiting to see how it evolves and whether you are truly committed to serving as its heart and soul.

If the group you have founded is a positive influence in the life of even a single individual, it is well worth it. Your intention to bring people together will be the seed that develops into a source of nurturance and community that stays true to its purpose long after its initial inception.

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## Adolphe Sax

When he was 2 years old, he fell out of a second story window and fractured his skull

When he was 6 years old, he mistakenly drank boric acid.

When he was 9 years old, he fell over a small cliff and broke his leg.

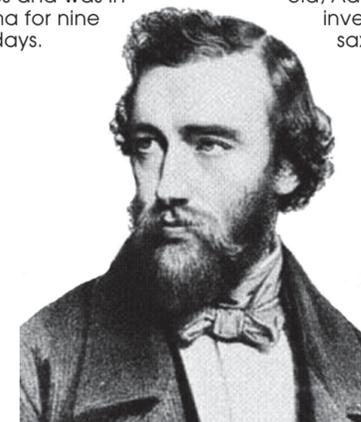
When he was 11 years old, he contracted measles and was in a coma for nine days.

When he was 14 years old, he broke his arm when he caught it in a carriage door.

When he was 19 years old, he was struck on the head by a falling brick.

When he was 23 years old, he almost died from the effects of tainted wine.

When he was 29 years old, Adolphe Sax invented the saxophone.



Clearly someone didn't want that saxophone invented!

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