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**The Mangrove Galley**  
 by Sandi Mieszczenski  
 Sandi's recipes are featured here monthly.  
 For previous issues go to <http://www.theconchtelegraph.com>.



It's fall and that means apple season. Apples are a great fruit. With several varieties available, apples can be prepared in so many different ways. Not only are they delicious to snack on, but the fruit can be made into desserts and pairs well with meat such as pork. One of my favorite (and easy) ways to make a quick apple side is to slice the fruit and sautee in a pan with a dash of water, pat of butter and red hot candies. The candies add a cinnamon taste and a red color as well. I also like to bake apples (see recipe) and serve them as a dessert or a side at a brunch. Peeling the apples is a personal preference, I usually leave the peel on. Try these baked apples and I am sure that you will enjoy them.

**BAKED APPLES WITH DATES**

Heat the oven to 350 degrees. Using an apple of choice (Red Delicious works really well), core the apple using an apple corer or a paring knife. Rinse the apples, checking to be sure that all of the seeds have been removed.

Stuff each apple with a pitted date or raisins if you prefer. Place a pat of butter on top of each apple then brown sugar. Press down well. Sprinkle with cinnamon. Bake approximately half an hour, or more if the apples are large.

Serve the fruit warm, and for a special treat add a scoop of ice cream or a dollop of whipped cream.

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## Gypsy Lane Band brings Funk, Motown, Soul and Disco to Gilberts!



South Florida's premier party and show band will be making their Gilbert's debut on Saturday, November 19th at 7pm. Gypsy Lane has established themselves as one of the premier bands in Florida, and it's no wonder considering the talent and experience that this band brings.

Alfonso and Larry played in the Village People (with hits like "YMCA" & "Macho Man"). Later, Alfonso played bass for Patti La Belle and Luther Vandross, while Larry worked with James Brown and Lou Rawls. Karina sang professionally in "Phantom of the Opera" and "Oklahoma!", before recording for BMG and RuPaul. Shawn played with Jessie Graham and

Willie Hick, while Andrew was playing drums for Upper Darby USA, placing third in the world!

To say that Gypsy Lane puts on a show would be an understatement. You can expect to hear hits from the 70's 80's and recent hits too. Who doesn't like to dance to "Shake Your Booty" or "Hot Hot Hot" and the "Cupid Shuffle?"  
 Go back in time and enjoy the disco era with hits like "YMCA" or "Celebrate" and "Boogie Oogie." For those of you who prefer the more modern hits, they play "Sugar" and "Fireball" as well as "Uptown Funk" and "I Can't Feel My Face." This is one show at Gilberts Resort that you don't want to miss!

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