

Vern's Funeral Will be This Friday

Doug Myers' friend Vern, known by many in Key Largo, works hard at the AT&T store but spends 2 nights a week bowling, and plays golf at Keysgate every Saturday.

His wife thinks he's pushing himself too hard, so for his birthday she takes him to Woody's.

The doorman greets them and says, "Hey, Vern! How ya doin?" His wife is puzzled and asks if he's been to Woody's before.

"Oh no," says Vern. "He's in my bowling league."

When they are seated, a waitress asks Vern if he'd like his usual and brings over a Budweiser. His wife is becoming increasingly suspicious and says, "How did she know that you drink Budweiser?"

"I recognize her, she's the waitress from the golf club. I always have a Bud at

the end of the 1st nine, honey."

A stripper then comes over to their table, throws her arms around Vern, rubs herself all over him and says, "Hi Vern. Want your usual table dance, big boy?"

Vern's wife, now furious, grabs her purse and storms out of the club.

Vern follows and spots her getting into a Mom's Taxi. Before she can slam the door, he jumps in beside her.

Vern tries desperately to explain how the stripper must have mistaken him for someone else, but his wife is having none of it.

She is screaming at him at the top of her lungs, calling him every 4 letter word in the book.

The cabby turns around to say, "Geez Vern, you picked up a real bitch this time."

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The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide to hire an attorney, ask us to send you free written information about our qualifications and experience.



Take the Shuttle!

For those arriving to the Gilbert's party fashionably late, you can park on the main access road and take the FREE air-conditioned shuttle to and from Gilbert's on Saturdays and Sundays from noon-8pm.

Evolution of the Soul

We may reincarnate on earth with our soul family; often our most intense relationships are with our soul family

You meet someone for the first time and feel as if you know them already. You're in a town that you've never been to before, yet you recognize streets and buildings. You start playing a new sport and amaze everyone, including yourself, at your natural abilities and intuitive knowing of the rules.

We often describe such experiences as déjà vu: the experience or feeling that a new situation has happened to us before. Then again, the possibility does exist that we have actually lived these experiences in the past or, rather, in another lifetime.

Many spiritual practices believe that reincarnation is real: Our souls return to this earth over a series of lifetimes to evolve, learn, grow, transform, and become more spiritually attuned through the course of each life. When we reincarnate, it is believed that we tend to cycle through our different lives with many of the same people.

Often these traveling "soul" companions are the ones we enter into relationships with; we work through our unresolved issues together so that we may heal. When we struggle or keep encountering blocks that keep us from reaching our goals, there may be a specific lesson that we are supposed to learn in this lifetime. Being naturally blessed with a musical talent or another gift can be a special ability that you worked hard to develop in a past life.

You may even have lived before as another gender or as part of

a different social or economic class Each lifetime brings with it specific lessons that are necessary for our spiritual evolution.

Past life recall can give us valuable insights into our past, present, and future lives. The knowledge of how we lived before can help us overcome present obstacles, understand phobias, and resolve relationship issues. There are workshops you can take to learn about past lives, and past life regression therapists can guide you on your journey backward in time. You can learn to visit your past lives through your dreams, meditation, and trance work. It is even possible to see full scenes of a former lifetime flash before you in your mind's eye as if you were watching a movie.

While looking back at your past lives can be exciting and enlightening, it is important to remember that the answers you are seeking to this life can only truly be found by living this one. Look to your past to see where you've been, but remember that the life that matters most is the one that you are living now.



Check Out These Beaches in the Keys

UPPER KEYS

Gilbert's Resort, MM 107.9 Key Largo 305-451-1133. Small sandy beach, pool, tiki bar and restaurant.

John Pennekamp State Park, MM 102.5 Key Largo 305-451-1621. Beach, aquarium, boat rentals, diving and snorkeling trips available.

Harry Harris Park and Beach, MM 92.5 Tavernier 305-852-7161. Sandy beach, bathrooms, picnic areas, fishing and swimming.

Islamorada Founder's Park, MM 86.5. Open to the public. Beach & amenities. Includes pool, dog park, restrooms, and picnic benches.

Library Park and Beach, MM 81.5 behind the Islamorada Public Library. Playground equipment, picnic benches and sandy beach.

Matecumbe Public Beach, MM 73.5 Islamorada. Large stretch of beach for shallow swimming. No restrooms.

Anne's Beach, MM 72.5 free. Oceanfront nature boardwalk, picnic tables and bathroom.

MIDDLE KEYS

Sombrero Beach, MM 50 Marathon 305-292-4650. This beachfront park is maintained by the city of Marathon. Covered picnic tables, playground, restrooms and protected cove for kids.

Little Duck Key Beach, MM 39 Marathon. Located just south of the 7 Mile Bridge. Restrooms and picnic areas.

LOWER KEYS

Bahia Honda State Park, MM 37 305-872-2353. Named one of the top 10 beaches in North America.

KEY WEST

Higgs Memorial Beach, Key West. Near the south end of White Street. A pier, swimming, and free tennis courts across the street.

C.B. Harvey Rest Beach Park (next to Higgs Beach). Beach is about 300 yards long and provides picnic areas.

Fort Zachary Taylor State Park, 305-292-6713 What the locals call "the best beach in Key West." Picnic or fish.

Smathers Beach, sandy beach, picnic, restroom, volleyball, and watersports.

South Beach, at the end of Duval Street. Beach, picnic tables & bathroom facilities.



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Saturday, June 3
THE FLYERS 7-11 PM



Saturday, June 10
BAY JAMMERS 1-5 PM



Saturday, June 10
STATIC 7-11 PM



Saturday, June 17
SILVER SPINE 1-5 PM



Saturday, June 17
STONE MOJO 7-11 PM



Saturday, June 24
CUTLER STEW 1-5 PM



Saturday, June 24
SHANE DUNCAN BAND 7-11 PM



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