



Blaming Others

We cannot insist that someone else take responsibility for their actions; only they can make that choice when they are ready.

As we begin to truly understand that the world outside of us is a reflection of the world inside of us, we may feel confused about who is to blame for the problems in our lives. If we had a difficult childhood, we may wonder how we can take responsibility for that, and in our current relationships, the same question arises.

We all know that blaming others is the opposite of taking responsibility, but we may not understand how to take responsibility for things that we don't truly feel responsible for.

We may blame our parents for our low self-esteem, and we may blame our current partner for exacerbating it with their unconscious behavior. Objectively, this seems to make sense. After all, it is not our fault if our parents were irresponsible or unkind, and we are not to blame for our partner's bad behavior.

Perhaps the problem lies with the activity of blaming. Whether we blame others or blame ourselves, there is something aggressive and unkind about it. It sets up a situation in which it becomes difficult to move forward

I BLAME MYSELF FOR EXPECTING MORE THAN I SHOULD HAVE, FROM YOU.



under the burdensome feelings of shame and guilt that arise. It also puts the resolution of our pain in the hands of someone other than us.

Ultimately, we cannot insist that someone else take responsibility for their actions; only they can make that choice when they are ready. In the meantime, if we want to move forward with our lives instead of waiting around for something that may or may not happen, we begin to see the wisdom of taking the situation into our own hands. We do this by forgiving our parents, even if they have not asked for our forgiveness, so that we can be free. We end the abusive relationship with our partner, who may never admit to any wrongdoing, because we are willing to take responsibility for how we are treated.

In short, we love ourselves as we want to be loved and create the life we know we deserve. We leave the resolution of the wrongs committed against us in the hands of the universe, releasing ourselves to live a life free of blame.

Shopping in Tavernier sure is Colorful!



Our photos were contributed, so we don't know his name or if he's a new local or a visitor, but what fun to see this Sweetie Pie at the Tavernier Winn-Dixie!

Your Mother is always with you.
 She's the whisper of the leaves
 as you walk down the street,
 She's the smell of certain foods you remember,
 flowers you pick, the fragrance of life itself.
 She's the cool hand on your brow when you're not feeling well,
 she's your breath in the air on a cold winter's day.
 She is the sound of the rain that lulls you to sleep,
 the colors of a rainbow, she is Christmas morning.
 Your mother lives inside your laughter.
 She's the place you came from, your first home,
 and she's the map you follow with every step you take.
 She's your first love, your first friend, and your first enemy,
 but nothing on earth can separate you.
 Not time, not space... not even death.

-Unknown



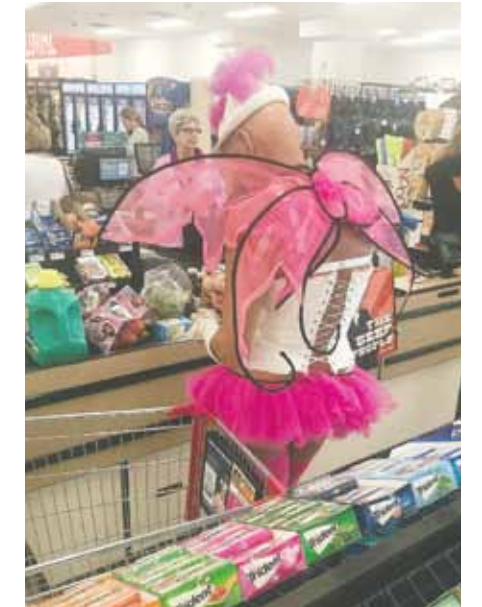
Conch Characters



Donna Arrom - bartender at the VFW.



Reggae Ronny and Casey bring you karaoke at the VFW every Friday at 6pm.



Colorful shopper spotted again at Winn Dixie in Tavernier.



Gilbert's servers Lorenz & Katy got married on April 20th, and the boys celebrated by going to TopGolf in Miami.



Janet from San José and her sister Sue



Elodie and a friend, servers at the famous Fontainebleau, enjoy a day off - relaxing on the beach at Gilbert's Resort.



Check out the giant 8 ft. Key lime pie Bobby Stoky, helper Juan and The Key West Key Lime Pie Co. made in Atlanta. Awesome event to promote tourism in the Keys.



Always a party at the American Legion.



Billy from Gilbert's Resort, the best dressed security guard in the keys, keeps an eye on the resort from his "Eagles Nest" perch.



Jamie and Allison (nephew and niece of Rob leBrun) at Disney's Magic Kingdom. Did you know Florida residents can buy three-day passes for only \$159?



Captain Morgan babes at Sharkey's Lionfish tournament.