

The Mangrove Galley by Sandi Mieszczeni



It came out in conversation last week that we had not had fresh spinach in a while. I recalled reading about a spinach soup some months ago and decided to come up with my own version. The following dish is healthy, easy and delicious.

Sandi's recipes are featured here monthly. For previous issues go to theconchtelegraph.com

WHITE BEAN AND SPINACH SOUP

- 1 large chicken breast diced into ½ inch cubes
- 1 cup chopped celery
- 1 cup sliced carrot
- 1 cup sliced onion
- 1 bag fresh baby spinach (5 to 9 oz. bag)
- 32 oz. carton of chicken broth
- 1 chicken bouillon cube dissolved in a cup of water
- 1 15 oz. can of white beans drained and rinsed
- 1 Tbls. Italian seasoning
- 4 cloves of garlic finely chopped
- fresh ground pepper to taste
- 1 Tbls. olive oil
- 1 Tbls. butter

Heat the oil and butter in a large sauce pan and add the celery, carrot, onion and garlic, stirring until the mixture begins to soften. Dissolve the bouillon cube in a cup of boiling water. If you are following a salt reduction program you can skip this ingredient. Pour the chicken broth and the cup of bouillon into the sauce pan with the Italian seasoning and bring to a boil. Remove from the heat and let stand for 15 to 20 minutes so the flavors can mesh. Return to the heat and bring to a boil. Add the beans and chicken, stirring frequently and checking for the meat to just turn white. Be careful as this happens quickly. Stir in the bag of spinach and cook until just wilted. Top with the pepper to taste and serve with a slice or two of garlic bread. Enjoy!

Conch Characters / Around Town



Keys Adventure Watersports at MM 104 Bayside — get out in the fresh air and have some fun!



One of the most-loved Conch Characters ever, Capt Skip Bradeen. Photo by Marilee Free.



Uncle Rico at the Big Chill.



Lorelei sunset by Ron LeBrun, goes great with a cocktail...



Big Chill tiki hats now on sale, stop by.



Sign at Key Largo Conch House. Wear a smile under it!

COCONUT TELEGRAPH CLASSIFIED ADS

BUYING

WE BUY COINS
No collection too large or too small. We pay cash on the spot and we offer private consultation in our location or yours.
Call Bill 305.942.0911.

Buyers agent is buying Vintage Costume Jewelry
Call & leave msg. 305-304-2837

Classified ads will not be accepted without payment.

SERVICES

House Cleaning
call Danielle
305-393-2728

VESSEL SAFETY

The USCG Auxiliary conducts vessel safety checks at Blackwater Sound Marina, MM 103.8 Bayside, every third Saturday of the month. Public welcome.
305-998-8400

MUSICIANS

Amateur & seasoned musicians wanted!
The Keys Community Concert Band
begins rehearsals in the fall. More info call 305-451-4530.

CLUBS

THE KEY PLAYERS
Community Theater Group needs volunteers to work behind the scenes & audition for roles!
thekeyplayers.org

HECKLERS ANONYMOUS

Meets Wednesday nights, 7pm, at the Civic Center, MM 110.
Bring your own boos.

GET CLASSIFIED \$10 per col. inch per month!

MUST BE PAID IN ADVANCE
Classified Display Space \$15/in. Drop off ad and payment at
The UPS STORE
101425 Overseas Highway
Next to Publix at Tradewinds
Questions? 305-304-2837

NEW BUSINESS

NEW IN KEY LARGO
A group of recent Coral Shores graduates are opening a chiropractic business at MM 109 and calling it the "Back Straight Boys"



Selling chicken Teddy bears
(Homemade, I make them myself) Chickens have lots of extra parts when you are preparing them. So I can make a bear out of 2 chickens.

\$25 if you supply chicken \$35 if I provide the chicken
EDIBLE - CAN BE COOKED ONCE THE KIDS ARE DONE PLAYING WITH IT!

IT'S A GREAT FAMILY ACTIVITY!

FOR SALE

Hello, my name is **Inigo Montoya.**
There is a garage sale at MM 78 on the 25th.
Prepare to Buy!

For Sale: Wedding Dress
Only used once, by mistake!

HOT TUB
One man, seven women capacity hot tub.
\$850 or best offer.
305-555-TUBS

PARACHUTE

Used only once, never opened.
Small stain.

The Job Interview

We've all been interviewed for jobs. And, we've all spent most of those interviews thinking about what not to do. Don't bite your nails. Don't fidget. Don't interrupt. Don't belch. If we did any of the don'ts, we knew we'd disqualify ourselves instantly. But some job applicants go light years beyond this. We surveyed top personnel executives of 100 major American corporations and asked for stories of unusual behavior by applicants. The lowlights:

"...stretched out on the floor to fill out the job application."

"She wore a Walkman and said she could listen to me and the music at the same time."

"A balding candidate abruptly excused himself. Returned to office a few minutes later, wearing a hairpiece."

"...asked to see interviewer's resume to see if the personnel executive was qualified to judge the candidate."

"...announced she hadn't had lunch and proceeded to eat a hamburger and french fries in the interviewer's office - wiping the ketchup on her sleeve."

"Stated that, if he were hired, he would demonstrate his loyalty by having the corporate logo tattooed on his forearm."

"Interrupted to phone his therapist for advice on answering specific interview questions."

"When I asked him about his hobbies, he stood up and started tap dancing around my office."

"At the end of the interview, while I stood there dumbstruck, he went through my purse, took out a brush, brushed his hair, and left."

"...pulled out a Polaroid camera and snapped a flash picture of me. Said he collected photos of everyone who interviewed him."

"Said he wasn't interested because the position paid too much."

"While I was on a long-distance phone call, the applicant took out a copy of Penthouse, and looked through the photos only, stopping longest at the centerfold."



"During the interview, an alarm clock went off from the candidate's brief case. He took it out, shut it off, apologized and said he had to leave for another interview."

"A telephone call came in for the job applicant. It was from his wife. His side of the conversation went like this: 'Which company? When do I start? What's the salary?' I said, 'I assume you're not interested in conducting the interview any further.' He promptly responded, 'I am as long as you'll pay me more.' I didn't hire him, but later found out there was no other job offer. It was a scam to get a higher offer."

"His attache (case) opened when he picked it up and the contents spilled, revealing ladies' underwear,

assorted makeup and perfume."
"Candidate said he really didn't want to get a job, but the unemployment office needed proof that he was looking for one."

"...asked who the lovely babe was, pointing to the picture on my desk. When I said it was my wife, he asked if she was home now and wanted my phone number. I called security."

"Pointing to a black case he carried into my office, he said that if he was not hired, the bomb would go off. Disbelieving, I said why he would never be hired and that I was going to call the police. He then reached down to the case, flipped a switch, and ran. No one was injured, but I did need to get a new desk."