

## Caption Contest!



Best caption wins a gift certificate to a local restaurant.

Email your caption to  
[theconchtelegraph@gmail.com](mailto:theconchtelegraph@gmail.com)  
 by October 15th.

### Nature Walks

Program Leader: Susan Kolterman,  
Florida Keys Naturalist

The goal of this series is to increase knowledge of the flora and fauna of the Florida Keys and Everglades National Park by sharing with the community through Nature Walks; also promoting responsible stewardship of our natural resources. These walks involve a brief discussion on the history of the Upper Keys, as well as plant, butterfly, and bird traits. Sturdy shoes, sunscreen, water, and binoculars and/or camera are recommended.  
**Facial Covering Required**

**\$7.00 per class**  
**10 person maximum**

Nature Walks are held twice a month on Tuesdays from 8:30am-10:00a.m.  
**Dates and Locations:**

October 6, 2020: Anne's Beach—MM 73  
 October 20, 2020: Green Turtle Hammock Preserve—MM 81.2  
 November 3, 2020: Founders Park & Plantation Hammock Preserve—MM 87  
 November 17, 2020: Plantation Tropical Preserve—MM 91  
 December 8, 2020: Green Turtle Hammock Preserve—MM 81.2  
 December 15, 2020: Founders Park & Plantation Hammock Preserve—MM 87

**Pre-Registration Required.**  
 Call or stop in to the Founders Park Office to reserve your spot in the class!  
 305-853-1685

This program is open to the public. In accordance with the Americans with Disabilities Act of 1990, all persons who are disabled and who need special accommodations to participate in this program because of that disability should contact the ADA Coordinator at [ada@thefounderspark.com](mailto:ada@thefounderspark.com) or 305-664-6442 at least 48 hours before the scheduled event.

## We Stock Guitar Strings

— New & Used Guitars —

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## September Caption Contest Winner:

**Caption: Keys Snow Shoes**

**Winner: Lance Bottari from Tavernier**

**Prize: \$25 gift card from Sharkey's**

## Good Health Clinic - GOOD NEWS! Dr. Steven Lawyer is at the Good Health Clinic!

Dr. Lawyer has been my family doctor since I moved to the upper Keys over 30 years ago. He has always gone the extra mile for his patients.

He joined the clinic as Medical Director in August of last year after volunteering for a few months. As Medical Director, Dr. Lawyer oversees the healthcare of our patients and helps us develop our medical policies.

"We are honored to have such a talented and respected doctor on our team. As the clinic continues to grow, having such a skilled physician to handle our patients' medical needs is a gift. He is truly dedicated to providing the best possible care to our patients," said Kate Banick, Executive Director.

Good Health Clinic offers Free medical care for uninsured Florida Keys residents in need. It is the only free clinic serving Florida Keys residents of all ages who are low-income and uninsured. They not only provide primary care within the clinic but also provide diagnostic and specialty care for their patients through partnerships with over 100 volunteer providers throughout the Florida Keys and South Florida. The clinic is in its 16th year of service, and 2 years ago opened a second office in Marathon to improve access to healthcare for those in the middle and lower Keys.

To be a patient at the clinic, individuals must complete a short application which can be picked up at either of the offices or found online at [www.thegoodhealthclinic.org](http://www.thegoodhealthclinic.org). You can even access your health records on-line on their website.

Eligibility Requirements to be a Good Health Clinic Patient:

1. Must be resident of the Florida Keys
2. Meet income level restrictions (see Gross Income Eligibility Criteria)
3. No health insurance of any kind



Services for approved patients include:

- Primary care medical services
- Wellness/Preventative Care
- Walk-in/Urgent Care
- Chronic Disease Management
- Women's health
  - Pap smears, mammograms, and clinic exams
  - Family planning
- Referred Specialty Care
  - Orthopedics
  - Dermatology
  - Gynecology
  - Mental Health
  - Ophthalmology/Optometry
  - Physical Therapy
  - Nutritional Counseling
  - And more...
- Care Coordination
- Prescription Assistant
- Diagnostic labs and imaging
- Advanced medical care
  - Hospital procedures
  - Cancer treatments
  - Surgeries
  - And more...



Dr. Steven Lawyer, DO

The Good Health Clinic offers in-person Covid testing and there is no tele-med. A friend of mine in Key Largo was ill and consulted a doctor via tele-med who told him he "possibly" had Covid or the flu. He died a few days later from complications from diabetes!

The Good Health Clinic is located in Tavernier 305-853-1788 and in Marathon 305-946-1314 for an appointment. (Either office may be reached by calling: 305-853-1788.)

Not a patient but want to help? The Good Health Clinic is a private not-for-profit supported by grants and individual donors. Donations are gratefully accepted.



Tavernier Office  
 305-853-1788  
 91555 Overseas Hwy.  
 Monday - Friday 9:00 am to 4:30 pm

Marathon Office  
 305-946-1314  
 13665 Overseas Hwy., St 101  
 Tuesdays 9:00 am to 4:30 pm