

Sorry, but your password must contain:
 at least 8 characters
 upper and lower case letter
 a symbol or number
 a hieroglyph
 a haiku
 a musical note
 the feather of a hawk
 and
 a drop of unicorn blood

TYPOCHONDRIAC
 One who
 CONSTANTLY
 checks (and rechecks)
 his or her writing
 out of fear of publishing
 a TYPO.

*Silence is golden.
 Duct tape is silver.*

How Many of These Did You Know?

- The space between your eyebrows is called a glabella.
- The way it smells after the rain is called petrichor.
- The plastic or metallic coating at the end of your shoelaces is called an aglet.
- The rumbling of stomach is actually called a wamble.
- The cry of a new born baby is called a vagitus.
- The prongs on a fork are called tines.
- The sheen or light that you see when you close your eyes and press your hands on them is called phosphenes.
- The tiny plastic table placed in the middle of a pizza box is called a box tent,
- The day after tomorrow is called
- 10. Your tiny toe or finger is called rr
- IT, The wired cage that holds the cork in a bottle of champagne is called an agraffe.
- The 'na na na' and 'la la la', which don't really have any meaning in the lyrics of any song, are called vocables.
- When you combine an exclamation mark with a question mark (like this ?!), it is referred to as an interrobang.
- The space between your nostrils is called columella nasi.
- The armhole in clothes, where the sleeves are sewn, is called armscy.
- The condition of finding it difficult to get out of the bed in the morning is called dysania.
- Illegible hand-writing is called griffonage.
- The dot over an "i" or a "j" is called tittle.
- That utterly sick feeling you get after eating or drinking too much is called crapulence.
- The metallic device used to measure your feet at the shoe store is called Bannock device.

Evaluating Media News



Balance must be created when taking in news media, not allowing ourselves to BECOME the bad news.

There is a lot of information available to us at this time in history, more than ever before, and it travels fast. We are able to learn in the blink of an eye about something that happened halfway around the world, and it's natural for us to want to know what's going on. However, it's also fair to say that we don't want to become so caught up in one way of looking at events that we lose perspective.

Often, the news comes to us in a very fear-oriented format, and when too many of us get caught up in fear, the balance of the whole is disrupted. It helps to remember that we have a much greater and more positive impact on the world when we maintain our inner sense of peace and joy.

We are aware enough to know when we are eating something that is not good for us, because we don't feel well after we've eaten it. In the same way, we can determine for ourselves whether the sources in which our information comes are ultimately

healthful.

News can be presented in a way that inspires us to take positive action to help the world, or it can be presented in a way that leaves us feeling powerless and sad. It is up to us to seek out and support media that empowers and informs us, and to say no to media that drains our energy and our hope.

For a time, it may even be of benefit to commit to a media fast, in which we stop taking information in for a time to give ourselves a rest. When we return to the task of taking in and processing the information all around us, we will come to it with a fresh mind. This will enable us to really notice how we are affected by what we hear and see, and to make conscious choices about the sources of information that we allow into our lives.



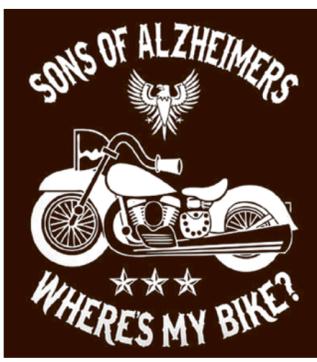
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DON'T BE WORRIED ABOUT YOUR SMART PHONE AND TV SPYING ON YOU.
YOUR VACUUM CLEANER HAS BEEN GATHERING DIRT ON YOU FOR YEARS.

It's okay if you don't like me. Not everyone has good taste.
Sarcasms 1:5

This tape doesn't even taste like scotch.

the idea that the "ideal beach body" just means being thin or buff is so unimaginative, surely the ideal beach body would have a powerful lobster claw, arm flaps to act as a windbreak and a sand repellent anus



Coffee spelled backwards is eeffoc. Just know that I don't give eeffoc until I've had my coffee.

QuaranTUNE Playlist

- "Don't Stand So Close To Me" by The Police
- "We Gotta Get out of This Place" by The Animals
- "Alone" by Heart
- "Behind The Mask" by Eric Clapton
- "Lockdown" by Mike Campbell
- "Can't Touch This" by MC Hammer
- "Dancing With Myself" by Billy Idol
- "Get Off My Cloud" by The Rolling Stones
- "I Drink Alone" by George Thorogood
- "Wake Up Alone" by Amy Winehouse
- "Stay Away" by Nirvana
- "Home Again" by Carole King

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