

Entertainer of the Year! Sir C. W. Colt

Legends like Clarence Clemons, Jimmy Buffett, Bertie Higgins and Shel Silverstein - all are famous musicians who lived in the Florida Keys. Some locals here were fortunate enough to be able to see them before they moved on or passed away and the stories they tell us and pass down to their children are what makes a legend.

A couple of weeks ago I went to a party at the Holiday Inn. Over a sea of people drinking cocktails, someone started playing a guitar and I grabbed my camera and took off running when heard the voice. It was a slightly raspy yet refined, soul/country, kinda amazing voice. There, in person, was C.W. Colt!

One of the most talented and prolific songwriter/entertainers to ever grace this giant rock we call the Florida

Keys is Sir C. W. Colt, who is proud to call the Keys his home. We've all heard OF him but have you had the pleasure of listening TO him live? What if you could go visit him in his home, across the street from Jimmy Buffett's old house, and have a private concert?

Before I explain how you can do that, let this star-struck writer tell you some amazing things about this famous entertainer.

Coul William Colt won his first talent contest at 5 years old, impersonating the great Elvis Presley, singing and dancing.

At age 10, Chet Atkins taught him his first guitar chords and he started his own band in San Antonio, Texas. C.W. met Webb Pierce, Ernest Tubbs and Ray Price during this time and began performing for basic trainees at Lackland Air Force Base.

At age 12, C. W. was entertaining troops as far away as the Philippines, Thailand and Okinawa.

At age 16, he moved to Colorado where he mastered the banjo and fiddle, playing on a mountain. There he started a band called **Free Lunch** that included world-class slide

guitarist Sonny Landreth. At age 25, C. W. recorded "America the Beautiful" at Marty Robbins' studio in Nashville and put together "The America the Beautiful Show." During this time he performed with Hank Thompson, Buck Trent and Sons of the Pioneers.

Turning 30, C. W. was working with Jimmy Buffett, Alvin Lee, Bo Diddley and Edgar Winters. He worked with Rita Coolidge, Bill Champlin and Ronnie Hawkins in Jim Carrey's first movie "Copper Mountain" in Colorado. Later that year he recorded "The Cowboys Lullaby" with Patsy Montana and then toured with her for two years.

A few years later, in Santa Rosa, California, C.W. was performing in shows with Chet Atkins, Waylon



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Ready for Change Declaring Our Intentions

If you are feeling stuck in your life and are ready for change, take time to declare to the Universe that you are ready.

There comes a point in most of our lives when we feel ready to experience a change we've had trouble carrying out. Maybe we've been stuck in a home, a relationship, job, or a town that hasn't felt right for a long time, but we've been unable to shift our circumstances in the direction we want to go. At times like this, it can help to declare to the universe that we are ready for a change.

Think of it as informing a helpful friend that you need her assistance to move to the next level in your life. If the time is right, the universe will respond with opportunities and offers designed to help you create the change you wish to see.

You can begin the process of making your declaration by getting clear within yourself about what exactly you want to change. Whenever we ask anyone for help, they can assist us that much better if we are specific. The universe also appreciates our clarity and has an easier time answering a direct communication than a vague yearning.

When you are clear on what you want, write your declaration on a piece of paper and place it on your altar, if you have one. If you don't, you can also place



it under your pillow or in a box on your nightstand. Set aside a period of time every day to be silent with your wishes for change, repeating your declaration like a mantra. This lets the universe know that you are ready to change and will be receptive to its efforts.

Feel free to continue to refine and redefine your declaration, and remember to be open to the many different ways in which the change you seek might come to be.

Remember also to be active in your own efforts, taking opportunities that come your way, watching for signs, and always taking responsibility for your intentions.

If things don't happen quickly, try not to be discouraged; it might take time to free up energy that has been blocked and possibly serving a purpose beyond what we can understand. If you continue your conversation with the universe, declaring yourself clearly and openly, you cannot help but experience the magic of changing and being changed.



Albino frog found in Key Largo. Photo by Kaitlin Rew

Change

A Zen master visiting Key Largo goes up to a hot dog vendor and says, "Make me one with everything."

The hot dog vendor fixes a hot dog and hands it to the Zen master, who pays with a \$20 bill.

The vendor puts the bill in the cash box and closes it. "Excuse me, but where's my change?" asks the Zen master.

The vendor responds, "Change comes from within."

Spring Cleaning?

DONATE YOUR ITEMS TO A GREAT CAUSE!



They take clothing, household items and anything of value they can sell.

The shop features



Stop by to shop or donate!

ReMARCable

Monroe Association for ReMARCable Citizens

Thrift Store

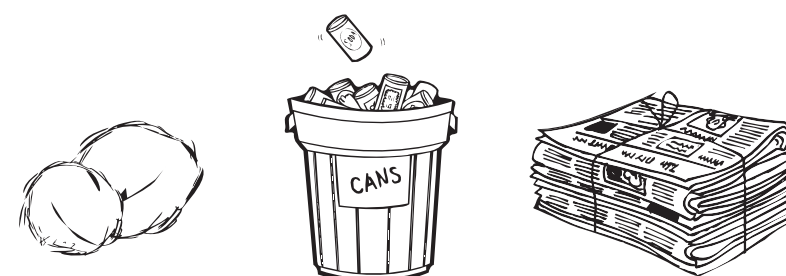
MM 90 • Next to Coral Shores HS

HOURS: Monday to Friday 9am-4pm • Saturday 9am-5pm

Monroe Association for ReMARCable Citizens is available to adult clients with developmental disabilities that include mental retardation (I.Q. 69 or below), cerebral palsy, spina bifida, Prader-Willi Syndrome, and traumatic brain injury sustained prior to age 18.

As part of the program and also as a source of funds, MARC operates the thrift store in Tavernier.

WHAT DO COCONUTS, ALUMINUM CANS & NEWSPAPERS HAVE IN COMMON?



They all help the Upper Keys Humane Society!

We are always in need of financial help, and we need your donations!

Coconuts are available in front of our building for a donation. Aluminum cans donated by people like you can be turned in for money to help pay our spay/neuter and medical bills.

We need a lot of newspapers to line our kennels. We use hundreds of pages every day!

Please consider bringing your coconuts, newspapers and aluminum cans to us at MM 101.5. Or, send a check, or volunteer!!



HELP US HELP THE ANIMALS!

—WE ARE A NO-KILL SOCIETY—

MM 101.5 Oceanside

P.O. Box 511, Key Largo FL 33037

305.451.3848

Uncirculated copies of the Coconut Telegraph are given to the Humane Society each month.

For more information about this program or about how you can help please call 305-852-3282.

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