

The Mangrove Galley by Sandi Mieszczenski

Sandi's recipes are featured here monthly. For previous issues go to <http://www.theconchtelegraph.com>.



The month of February brings a time of love and romance as Valentine's Day approaches. One of my favorite ways to celebrate this holiday is with a special dinner. My favorite part of the dinner is the dessert, especially if it is a chocolate dessert. A friend of mine shared this delicious but easy recipe with me that really ends the meal on a high note. Try it for Valentine's Day or any other time of the year. Enjoy!

"SIXTY SECOND" CHOCOLATE MOUSSE

- 1 cup semi-sweet chocolate chips
- 2 eggs, separated
- 1 teaspoon vanilla OR 1 tablespoon of a liqueur such as Grand Marnier, Amaretto, Kahlua, or Crème de Menthe
- 1 cup heavy cream

Place the chocolate chips, egg yolks, and flavoring in a food processor or blender. Scald the cream in a small saucepan until little bubbles form around the edge. (DO NOT BOIL.)

With the machine running, pour in the hot cream. Blend one minute. Pour the mousse into four serving bowls and cover with plastic wrap.

For a lighter mousse, beat the two egg whites until they form soft peaks. Gently fold into the mousse before pouring into the serving bowls.

Cool in the fridge for several hours.



Artist of the Month: Cris Sandifer

This month we salute Cris Sandifer, one of the Keys most outstanding personalities, contributor, artist, mentor and friend. Cris has, for years, been the unsung hero behind major events and activities involving the world of art in the community from Key West to Ocean Reef.

Cris' work is seen in many public places throughout the Keys, including a series of six paintings designed for the Murray E Nelson Government and Cultural Center, MM 102, and held in private collections. They include oils, acrylics, watercolors and computer-generated art.



acclaimed instructors to teach local artists, worked to place original art in public buildings and spearheaded Art in Public Spaces. She designed and was art director for the Flagler Railroad Centennial mural at MM 95.3, a 60-foot outdoor depiction of the Henry Flagler Railroad painted by Cris with artists of the Guild and local high school students.

Cris served six years on the Board of Directors of Florida Keys Council of the Arts and created the Connection Project, an annual Mosaic of the Keys that

Cris was a Fine Arts major at the University of Kansas, which she followed with a career as a designer with Hallmark Cards, and then positions as Art Director for various advertising and electronics firms. She continued her private commercial art design company, Eldorado Graphics, during her 30 years in Key Largo.

Cris has been active in the community and served as President of the Art Guild of the Purple Isles, and Chairwoman of the Florida Keys Council of the Arts. She taught painting at Ocean Reef and was Commodore of the Upper Keys Sailing Club.

Among her many contributions was her enthusiasm, creativity and tireless support of the Art Guild of the Purple Isles in the Upper Keys. She brought internationally

travels throughout Monroe County, connecting artists and community.

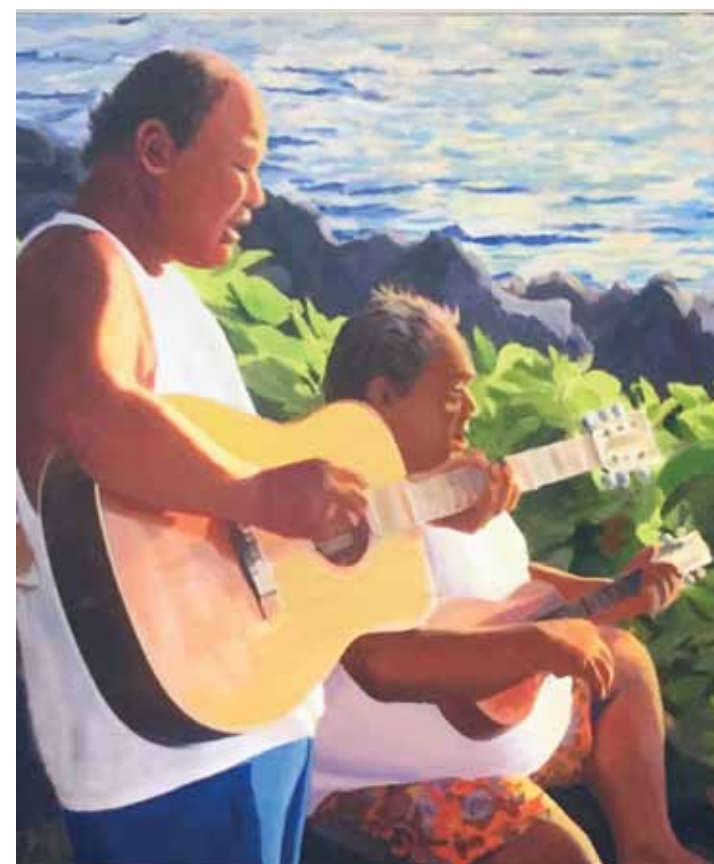
Roberta Cris Sandifer passed away January 12, 2017. "She left a legacy of stunning graphic arts, logos, brochures, invitations, gallery guides and more, all designed to perfection for us," said Elizabeth Young, Director of Florida Keys Council of the Arts. "Cris made this world a brighter and more colorful place for all of us."

Cris Sandifer will be honored at this year's AGPI Annual Members Judged Art Show, held at the Florida Keys History and Discovery Center, MM 82.1 on Thursdays through Sundays, March 9-26, 2017.

Her art may also be viewed during February at the Art Box, MM100.6, Overseas Highway, Bayside, Key Largo.



Cris' First Place Winning Entry 2015 Art Guild of the Purple Isles Members Only Show



An award-winning, whimsical, mixed media collage. Left: This piece hangs at the Tassell Building in Tavernier.

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