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Jane: 305-451-2214 Wendy: 305-394-1376
CRS, GRI, Short Sale Specialist GRI

www.thewasmundteam.com
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ON THE MAP

Open Late!

WASNUND PUB

KEY LARGO

522 Caribbean Drive • 305.453.1905

Breakfast, Lunch & Dinner **Live Music**
Featuring Fresh Local Fish **Happy Hour Every Day**
Craft Beer
Sports Headquarters

Locals' Favorite! On the Water

ON THE MAP

LOCAL'S FAVORITE!
Best-kept secret for over 30 years!

FRIDAY FISH FRY
ALL YOU CAN EAT
\$13.95

5-9 PM • Beverage Included

—DAILY SPECIALS—
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The Hideout Restaurant
Keys Eating at Its Finest...
Overlooking the Water

MM 103.5 • Oceanside
(Transylvania Ave. to the End)
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ON THE MAP

You Can Trust The Professionals at

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MM 101.5 • KEY LARGO

ON THE MAP

Key Largo

In Key Largo, we navigate by Mile Markers! Look for the little green signs and mile indicators on power poles to find your way.

Legend

- U.S. Highway
- State Highway
- Boat Ramp
- Mile Marker
- Point of Interest
- Dive Site
- Dive Wreck
- Swim with Dolphins

Bayside

- Little Blackwater Sound
- Barnes Sound
- Blackwater Sound
- Little Buttonwood Sound
- Buttonwood Sound
- Rock Harbor
- Wild Bird Rehabilitation Center
- Mariners Hospital
- Harry Harris Park & Beach

Oceanside

- John Pennekamp Coral Reef State Park
- Carlyfort
- North Dry Rocks
- The Elbow
- Christ Statue
- City of Washington
- Grecian Rocks
- Florida Keys National Marine Sanctuary
- Mosquito Bank
- Spiegel Grove
- Benwood
- Alligator
- French Reef

Map includes locations like Murray Nelson Government Center, Adams Cut, Key Largo Public Library, African Queen Community Pool and Park, and various sound/cove areas.

YOUR AD HERE

RATES

KEY LARGO MAP PAGE

Vertical:
2.5" wide x 4" tall
\$125 per month

Horizontal:
4.75" wide x 3.13" tall
\$150 per month

Skyscraper:
2.5" wide x 8.25" tall
\$200 per month

Surprisingly Affordable!

COCONUT TELEGRAPH
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"I just don't know what to do."

by Dawn Wiggins, Ed.S.

I hear this phrase over and over from clients and students. I sense both desperation and anxiety as they search for a solution or advice.

Return to the driver's seat of your healing journey rather than the passenger seat. Or worse, stop being the nail in your own tire.

I'm curious; how would you answer the question: What specifically is on the other side of your roadblock?

It's as if they are asking for an emotional pain reliever - something to ease their suffering.

When you abandon your needs in pursuit of making someone else responsible for your needs, you've lost yourself. And once you're lost, "I don't know" can become a common refrain.

Then, identify one thing you can do to move closer to that outcome.

In those moments, I want to leap into action and solve the problem. But my job is usually to ask questions, not give answers.

Going from lost to found is a profound journey. And even with a clear map, the travel conditions are not always predictable or guaranteed.



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Last week I asked a student who was feeling lost and confused: "What specifically is on the other side of your roadblock?"

Be patient with yourself and trust that the answers will come as long as you're asking the questions. In the case of my student, they knew enough to ask for additional help, which led to the next breakthrough and a bit of guidance from me to get back on track.

The response was an outpouring of clear and heartfelt desires along with an admission of how they sabotaged their healing.

Suddenly the "what to do" was very clear to them.

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COCONUT TELEGRAPH
REAL WORLD

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Adopt a Key Largo Animal Shelter Pet

Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home, stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.

 Yoshi	 Oliver	 Ginger & Mango	 Pumpkin	 Zeus
 Coconut	 Henry	 Betty & Wilma	 Chewie	 Bailey