

Adopt a Key Largo Animal Shelter Pet

Meet a few of the animals who are currently available for adoption at the Key Largo Animal Shelter. If you are interested in taking one of these adorable furry friends home, stop by or call. The Shelter is located at mile marker 106 Oceanside; phone 305-451-0088.



Zoey



Astra



Meow Mix



Samson



Delilah



Miso



Milo



Charlie



Misha



Nova

COCONUT TELEGRAPH CLASSIFIED ADS

BUYING

Buyers agent is buying Vintage Costume Jewelry
Call & leave msg. 305-304-2837

VESSEL SAFETY

The USCG Auxiliary conducts vessel safety checks at Blackwater Sound Marina, MM 103.8 Bayside, every third Saturday of the month. Public welcome. 305-998-8400

Classified ads will not be accepted without payment.

CLUBS

Florida Keys Orchid, Fern and Bromeliad Society meets the 2nd Tuesday of every month at the Key Largo Civic Club at 6:00pm. Open to the public. keysorchidclub@aol.com

THE KEY PLAYERS

Community Theater Group needs volunteers to work behind the scenes & audition for roles! thekeyplayers.org

MUSICIANS

Amateur & seasoned musicians wanted! The Keys Community Concert Band begins rehearsals in the fall. More info call 305-451-4530.

FOR SALE



Getting rid of my dad's old stuff, found this vintage motorbike mask without the goggles. I didn't know he was into riding motorcycles, but he has a lot of leather gear. Call if you're interested. 1-305-555-MASK

GET CLASSIFIED

\$10 per col. inch/mo. MUST BE PAID IN ADVANCE Classified Display Space \$15/in. Drop off ad and payment at The UPS STORE 101425 Overseas Highway Next to Publix at Tradewinds Questions? 305-304-2837

FOR SALE

RADIO \$1
Stuck on. Full Volume
You can't turn it down!

CONSTRUCTION WORKERS NEEDED:

Upper Keys area. Please do not apply if you oversleep, have court often, do not have a babysitter every day, have to get rides to work later than our work day begins, experience flat tires every week, have to hold on to a cell phone all day, or will become an expert at your job with no need to learn or take advice after the first day. Must be able to talk and work at the same time. Must also remember to come back to work after lunch. Should not expect to receive gold stars for being on time. If you qualify, leave name and number at 305-555-WORK.

MUSICIANS

CLEARING OUT SALE
As much as I love guitars, amplifiers, effects, and everything that comes with it...it is taking up too much of my time. I am struggling to keep up with the everyday basics of cleaning and maintaining my home, so something has to give. I will be getting rid of my collection. Below is a list of what's available. Serious inquiries only, and please don't insult me with low offers.

1. Dustpan and broom
 2. Sponges
 3. Toilet spray
 4. Mop and bucket
 5. Window cleaner
 6. Vacuum
 7. Dishwashing liquid
 8. Laundry detergent
 9. Fabric softener
 10. Laundry baskets
 11. Toilet brush
 12. Cleaning sprays
- 305-555-MUSIC

Everyone Has a Story

Every person on this planet has a story to tell, something that makes them unique, adding to the whole.



It's easy to forget sometimes that everyone has a story to tell if we take the time to listen. We are so accustomed to hearing the stories of people in the news that we sometimes lose track of the fact that the random stranger on the bus also has a fascinating story about where they came from and how they got to be where they are.

The sheer variety of paths taken in this world, from farmers to CEOs to homeless people to world travelers, is indicative of how much we can learn from each individual. Sometimes the shy, quiet person at work has the most amazing life story and the biggest dreams, it is up to us to take the time to find out.

Some people travel a path of wealth and privilege, while others struggle with only themselves to rely on, and both have great stories to tell. Each person learns lessons, makes

choices, and develops a unique perspective, which only they can claim and share. Even two people who have had very similar lives will have slightly different experiences, leading them to a different point of view, so each person remains a treasure trove waiting to be explored. When we take the time to ask questions and listen, we find that every person has a fascinating story to tell and an utterly unique perspective from which to tell it.

Bearing this in mind, we have the opportunity to approach the world around us in a new way. There is never any reason to be bored at a party, or on the bus, or in a conversation with a stranger. When we retain the spark of curiosity and the warmth required to open someone up, we always have in front of us the makings of a great story. All we have to do is ask.

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Food Bank Donation Tips



The following guidelines can help you decide what to donate to a food drive or pantry:

Don't just "clean out your pantry" and donate food that you don't want or can't use anymore unless it meets specific guidelines.

Purchase food specifically for the food drive. Think about what foods other families like yours might like to eat. Also keep in mind that food pantry and food bank recipients range in age from infants to the elderly.

Donate retail-sized food containers. In other words, the size of items you'd pick up at your local grocery store for yourself or family.

Donate food that is in its original package with the label intact—unopened and not damaged.

Do not donate food that is past its "best by," "use by," or "sell by" date. Although some food is still safe to consume after these dates it is best practice not to donate them.

Everyone donates Kraft Mac and Cheese in the box. It needs milk and butter, so that can make it hard to use.

Boxed milk is a treasure, as kids need it for cereal.

Everyone donates pasta sauce and spaghetti noodles.

Recipients can't always eat all the awesome canned veggies and soup you donate unless you put a can opener in too or buy pop top cans.

Oil is a luxury but needed for Rice a Roni and other commonly donated dishes.

Spices or salt and pepper are appreciated

Tea bags and coffee are wonderful luxuries.

Sugar and flour are treats.

Canned meat - tuna, chicken, Spam, ham, etc. is very much appreciated.

Hamburger Helper goes nowhere without ground beef.

Cake mix and frosting makes it possible to make a child's birthday cake.

Plastic jars of unsweetened applesauce provide a quick snack, fiber and vitamin C.

Loaded with protein and fiber, canned beans provide an excellent, nutritious way to fill a hungry tummy.

Perfect as a snack or as a base for canned meats, crackers are shelf-stable and portable.

Fruit, whether dried, canned or in plastic cups, makes excellent snacks for kids and adults and provide some nutrition and fiber.

Food banks are always in need of quick and easy items that families can toss into lunches or eat on the go, and granola bars are just the thing.

An entire meal that's shelf-stable and in one package—dinner doesn't get easier than that, which is plus for those without stocked kitchens.

Nuts provide easy protein and nutrients in a hurry.

Kids and adults like it, and it's high in protein, making peanut butter one of the most popular items at food banks. Add some jelly for the kids!